Soul Intentions



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Chris Hodgson (UK)

音樂: Don't Let Me Be Misunderstood - Female Science



TAP FRONT-SIDE-COASTER STEP, TAP FRONT-SIDE-1/4 TURN SAILOR STEP

1-2	Tap right toe forward, tap right toe to right side
· -	Tap right too for ward, tap right too to right side

3&4 Step back on right, step left next to right, step forward on right

5-6 Tap left toe forward, tap left toe to left side

7&8 Step left behind right, ¼ turn left stepping right to right side, step left to left side

FORWARD-LOCK-SHUFFLE, SIDE-TOGETHER, ROCK & CROSS

1-2	Step forward on	right lock left	behind right heel

3&4 Step forward on right, step left behind right heel, step forward on right

5-6 Large step left to left side, step right next to left

7&8 Step left to left side, rock weight onto right, cross step left over right

HIP SWAYS X 4, CHASSE RIGHT, CROSS-UNWIND 3/4 TURN RIGHT

1-4 Step right to right side swaying hips right, sway hips left, sway hips right, sway hips left

Step right to right side, step left next to right, step right to right side

7-8 Cross left over right, unwind ¾ turn right (weight ends on left)

CROSS ROCK, CHASSE 1/4 TURN, STEP-1/2 TURN, CHASSE 1/4 TURN

1-2 Cross right over left, rock weight back onto left

3&4 Step right to right side, step left next to right, step right ¼ turn right

5-6 Step forward on left, pivot ½ turn right

7&8 1/4 turn right stepping left to left side, step right next to left, step left to left side

4 COUNT WEAVE LEFT, CROSS-ROCK STEP, TOE TOUCHES

1-2 Cross step right over left, step left to left side3-4 Cross right behind left, step left to left side

Cross step right over left, rock weight back onto left, step right to right side
Cross touch left toes over in front of right, touch left toes out to left side

SYNCOPATED WEAVE RIGHT, TOE TOUCHES, FLICK 1/4 TURN

1&2 Cross left over in front of right, step right to right side, cross left behind right

&3-4 Step right to right side, cross left over in front of right, touch right toes out to right side

Restart goes here

5-6 Touch right toes forward, touch right toes next to left

7-8 Touch right toes forward, flick right foot to right side and slightly back making ¼ turn left on

ball of left

CROSS-HOLD TWICE, STEP-1/2 TURN, HEEL-BALL-FLICK

1-2 Cross step right over in front of left, hold
3-4 Cross step left over in front of right, hold
5-6 Step forward on right, pivot ½ turn left

7&8 Touch right heel forward, step right next to left, flick left foot to left side and slightly back

CROSS-BACK-SIDE-CROSS, 1/4 TURN-1/2 TURN, SHUFFLE

1-2	Cross step left over right, step back on right
3-4	Step left to left side, cross step right over left

5-6 ½ turn right stepping back on left, ½ turn right stepping forward on right

REPEAT

RESTART

When dancing to Female Science there is a restart on wall 3, when you are facing the back wall. Dance up to count 44 and restart the dance from the beginning.