

Soul In The City

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Gary Lafferty (UK)
音樂: The Motown Song (With the Temptations) - Rod Stewart & The Temptations



DIAGONAL TRIPLE FORWARD THEN BACK, ROCK BACK, RECOVER, KICK-BALL-CHANGE

1&2 Shuffle slightly forward on the right diagonal (towards 1:30) stepping right-left-right
3&4 Shuffle slightly back on the left diagonal (towards 7:30) stepping left-right-left
5-6 Rock back on right foot, recover weight onto left
7&8 Kick right foot forward, step on ball of right foot beside left, step on left foot in place

"SHOOP" STEPS, ¼ TURN, "SHOOP" STEPS

1-2 Step diagonally-forward right on right foot, slide left foot beside right
3-4 Step diagonally-forward right on right foot, touch left beside right & clap
& Turn ¼ left on ball of right foot, keeping your weight on the right foot
5-6 Step diagonally-forward left on left foot, slide right foot beside left
7-8 Step diagonally-forward left on left foot, touch right beside left & clap

Use your arms as you shoop "Motown style"

ROCK FORWARD, RECOVER, ¾ TRIPLE TURN, STEP FORWARD, ½ TURN, KICK-BALL-CHANGE

1-2 Rock forward on right foot, recover weight back onto left foot
3&4 Triple ¾ turn over right shoulder stepping on right-left-right
5-6 Step forward on left foot, turn ½ right keeping weight back on left foot
7&8 Kick right foot forward, step on ball of right foot beside left, step on left foot in place

WALK RIGHT THEN LEFT, RIGHT SAILOR STEP, LEFT SAILOR STEP, STEP FORWARD, ½ TURN

1-2 Step forward on right foot, step forward on left foot
3&4 Cross-step right foot behind left, step to left on left foot, step to right on right foot
5&6 Cross-step left foot behind right, step to right on right foot, step to left on left foot
7-8 Step forward on right foot, pivot ½ turn to left

RIGHT SIDE-SHUFFLE, CROSS-ROCK, RECOVER, ¼ TURN SHUFFLE, SWEEP ½ TURN & TOUCH

1&2 Step to right on right foot, step on left foot beside right, step to right on right foot
3-4 Cross-rock left foot over right, recover weight back onto right foot
5&6 Turn ¼ left stepping forward on left foot, step on right foot beside left, step forward on left foot
7-8 Turn ½ left on ball of left foot sweeping right foot around, touch right foot beside left

RIGHT SIDE-SHUFFLE, CROSS-ROCK, RECOVER, ¼ TURN SHUFFLE, SWEEP ½ TURN & TOUCH

1&2 Step to right on right foot, step on left foot beside right, step to right on right foot
3-4 Cross-rock left foot over right, recover weight back onto right foot
5&6 Turn ¼ left stepping forward on left foot, step on right foot beside left, step forward on left foot
7-8 Turn ½ left on ball of left foot sweeping right foot around, touch right foot beside left

WALK RIGHT THEN LEFT, SHUFFLE ½ TURN, ROCK BACK, RECOVER, LEFT SHUFFLE

1-2 Step forward on right foot, step forward on left foot
3&4 Shuffle forward turning ½ left stepping on right-left-right
5-6 Rock back on left foot, recover weight onto right foot
7&8 Step forward on left foot, step on right foot beside left, step forward on left foot

JAZZ BOX WITH STEP FORWARD, JUMP FORWARD & CLAP, JUMP BACK & CLAP

1-4 Cross-step right foot over left, step back on left foot, step to right on right foot, step forward on left foot

&5-6 Jump slightly forward on right foot then left, hold / clap hands
&7-8 Jump slightly back on right foot then left, hold / clap hands

REPEAT

TAG

Facing front at the end of the 4th wall only (just repeating last 4 counts of dance)

JUMP FORWARD & CLAP, JUMP BACK & CLAP

&5-6 Jump slightly forward on right foot then left, hold / clap hands

&7-8 Jump slightly back on right foot then left, hold / clap hands

Easy way to remember the tag: 4 walls = 4 jumps!
