

# S.O.S.

拍數: 32      牆數: 4      級數: Improver hip hop  
編舞者: Signature X  
音樂: S.O.S. (Rescue Me) - Rihanna



## WALK FORWARD X4, SIDE PRESS TWICE

1-4            Step forward right, left, right left  
5-6            Step right to right side, press ball of left foot behind right  
7-8            Step left to left side, press ball of right foot behind left

### Hands option for count:

6              Jam down left arm  
8              Jam down right arm

## UNWIND TURN, HIP ROLL, HEAD ROLL

1-2            Unwind full turn right facing 12:00, hold  
3-4            Jump both feet apart to shoulder width standing position, hold  
5-6            Execute to the right hip roll  
7-8            Execute to the right head roll

## STEP LEFT WITH LEFT BUMP, HIP BUMPS RIGHT, LEFT RIGHT LEFT, STEP LEFT, CLOSE RIGHT, STEP RIGHT, LOOK FORWARD

1-2            Step left ¼ right turn to left side (body facing 3:00, head facing 12:00) with left hip bump, bump right hip up  
3&4            Hip bumps left, right, left  
5-6            Step left foot on the spot, close right next to left  
7-8            Step right to right side, head turns to 3:00 and look forward

### Facing 3:00

## SHUFFLE X3, CHASSE LEFT

1&2            Step right diagonally to right side, lock left behind right, step right diagonally to right side  
3&4            Step left diagonally to left side, lock right behind left, step left diagonally to left side  
5&6            Repeat 1&2  
7&8            Step left to left side, step right next to left, step left to left side

## REPEAT