

# S.O.S.

拍數: 32      牆數: 4      級數: Improver hip hop  
編舞者: Signature X  
音樂: S.O.S. (Rescue Me) - Rihanna



## WALK FORWARD X4, SIDE PRESS TWICE

- 1-4            Step forward right, left, right left
- 5-6            Step right to right side, press ball of left foot behind right
- 7-8            Step left to left side, press ball of right foot behind left

### Hands option for count:

- 6              Jam down left arm
- 8              Jam down right arm

## UNWIND TURN, HIP ROLL, HEAD ROLL

- 1-2            Unwind full turn right facing 12:00, hold
- 3-4            Jump both feet apart to shoulder width standing position, hold
- 5-6            Execute to the right hip roll
- 7-8            Execute to the right head roll

## STEP LEFT WITH LEFT BUMP, HIP BUMPS RIGHT, LEFT RIGHT LEFT, STEP LEFT, CLOSE RIGHT, STEP RIGHT, LOOK FORWARD

- 1-2            Step left ¼ right turn to left side (body facing 3:00, head facing 12:00) with left hip bump, bump right hip up
- 3&4            Hip bumps left, right, left
- 5-6            Step left foot on the spot, close right next to left
- 7-8            Step right to right side, head turns to 3:00 and look forward

### Facing 3:00

## SHUFFLE X3, CHASSE LEFT

- 1&2            Step right diagonally to right side, lock left behind right, step right diagonally to right side
- 3&4            Step left diagonally to left side, lock right behind left, step left diagonally to left side
- 5&6            Repeat 1&2
- 7&8            Step left to left side, step right next to left, step left to left side

## REPEAT

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