

# Sorry...For Nothin'

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Lesley Johnston (AUS)  
音樂: Cryin' For Nothin' - Gary Allan



## STEP, LOCK, SHUFFLE, STEP, LOCK, SHUFFLE

- 1-2-3&4      Step left forward at 45 degrees, step right behind left, shuffle forward left-right-left at 45 degrees  
5-6-7&8      Step right forward at 45 degrees, step left behind right, shuffle forward right-left-right at 45 degrees

## FORWARD, BACK & COASTER, ¼ TURN, STEP ½ TURN

- 1-2-3&4      Now facing front - step forward on left, rock back on right, step back on left, bring right to meet left together, step forward on left  
5-8      Step forward on right, ¼ turn pivot to left, step forward on right, ½ turn pivot to left

## OUT, CROSS, OUT, TOGETHER, HEEL JACK, HEEL JACK

**While doing the next 4 counts the left heel raised & lowers in a syncopated type movement**

- &1&2      On the ball of right foot - right to side, right across left  
&3&4      Right out to side, right together to meet left  
&5      Left heel out at 45 degrees left & right foot back at 45 degrees right  
&6      Return left, right together at center  
&7      Right heel out at 45 degrees right & left foot back at 45 degrees left  
&8      Return right, left together at center

## SLIDE, SLIDE, HEEL JACK, HEEL JACK, SLIDE, SLIDE

- &1&2      Step/slide right to side, slide left to meet right, step slide right to side, slide left to meet right  
&3      Left heel at 45 degrees left & right foot back at 45 degrees right  
&4      Return left, right together at center  
&5      Right heel at 45 degrees right & left foot back at 45 degrees left  
&6      Return right, left together at center  
&7&8      Step/slide right to side, slide left to meet right, step slide right to side, slide left to meet right

## BACK, FORWARD, FORWARD, BACK, COASTER, STEP ½ PIVOT TURN

- 1-2-3-4      Step/rock back on right, rock forward on left, step/rock forward on right, rock back on left  
5&6      Step back on right, step back on left to meet right, step forward on right  
7-8      Step left forward, pivot ½ turn right

## SYNCOPATED VINE, BEHIND, SIDE, CROSS SHUFFLE

- &1&2&&      Step left over right, right to side, left behind right, right to side  
3&4      Step left over right, right to side, left behind right  
5-6      Swing right out to side then behind left, left to side  
7&8      Cross right over left to cross shuffle to left (right-left-right)

## STEP FORWARD, PIVOT TURN, TURNING SHUFFLE, FORWARD, BACK COASTER

- 1-2      Step left foot forward, pivot ½ turn to right  
3&4      As you full turn to right & moving slightly forward shuffle left-right-left  
5-6-7&8      Step forward on right, rock back on left, step back on right, step left back to meet right, step forward on right

## FORWARD, COASTER, POINT, TURN, POINT, BACK, HEEL BACK, HEEL

1-2-3&4 Step forward on left, rock back onto right, step back on left, step back on right to meet left, step forward on left

5&6 Point right to side, bring right together as you  $\frac{1}{4}$  turn right and point left to side

&7&8 Step back on left & right heel forward 45 degrees, right foot back & left heel forward at 45 degrees

**REPEAT**

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