

Soprano

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Myers (UK)
音樂: Woke Up This Morning (Chosen One Mix) - A3



WALKS FORWARD, FORWARD, BACK, TOGETHER; TWICE

1-2 Step forward right, step forward left
3&4 Small step forward right, small step back left, step right beside left
5-6 Step forward left, step forward right
7&8 Small step forward left, small step back right, step left beside right

TOUCH, PIVOT ½ TURN RIGHT, TRIPLE STEP ½ TURN RIGHT, WALKS BACK, ¼ TURN RIGHT KICK BALL CHANGE

1-2 Touch right toe back, reverse pivot ½ turn right
3&4 Triple step ½ turn right stepping - left, right, left (traveling back)
5-6 Step back right, step back left
7& Kick right slightly to right side, step right to right side completing ¼ turn right
8 Step left in place

FORWARD RIGHT HIP BUMPS, BACK LEFT HIP BUMPS, ROLLING TRIPLE FULL TURN RIGHT, WEAVE RIGHT

1&2 Small step - right diagonally forward, bumping right hip diagonally forward, back, forward
3&4 Bump left hip diagonally back, forward, back
5& Step right ¼ turn right, make ½ turn right stepping back onto left
6 Make ¼ turn right stepping right to right side
Option counts 5&6, the rolling triple turn can be replaced by a right chasse
&7 Cross left over right, step right to right side
&8 Cross left behind right, step right to right side

SKATES TWICE, FORWARD COASTER STEP, STEP BACK, LEFT KICK BALL CHANGE, STEP FORWARD

1-2 Skate forward left, skate forward right
3&4 Step forward left, step right beside left, step back left
5 Step back right
6&7 Kick left forward, step left beside right, step right in place
8 Step forward left

REPEAT