

The Sooner

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Gloria Johnson (USA) & Dusty Miller (USA)
音樂: A Long Way From OK - Jeff Wood



SYNCOPATED STEPS WITH HEEL TAPS AND FINGER SNAPS

- &1 Step out quickly on right; step out on left
- 2-4 Hold position and tap right heel and snap right fingers on each count
- &5 Step in to center quickly on right; step into center on left
- 6-8 Hold position and tap left heel and snap right fingers on each count

MONTEREY TURN

- 9-10 Touch right toe to right side; hold
- 11-12 Turn ½ to the right putting weight on right; hold
- 13-14 Touch left toe to left side; hold
- 15-16 Touch left toe beside right foot; hold

RIGHT AND LEFT SIDE SHUFFLES WITH ROCK STEPS

- 17&18 Step right foot to the right; step left beside right; step right to the right
- 19-20 Rock step left foot back; step right foot forward
- 21&22 Step left foot to the left; step right beside left; step left to the left
- 23-24 Rock step right foot back; step left foot forward.

MONTEREY TURN

- 25-26 Touch right toe to the right side; hold
- 27-28 Turn ½ to the right putting weight on the right foot; hold
- 29-30 Touch left toe to the left side; hold:
- 31-32 Step left foot beside right foot; hold.

½ TURN, ¼ TURN

- 33-34 Touch right toe behind; hold
- 35-36 Pivot ½ turn to the right keeping weight on left; hold
- 37-38 Touch right toe behind; hold
- 39-40 Pivot ¼ turn to the right keeping weight on left; hold.

SHUFFLE FORWARD; TURNING SHUFFLE; SHUFFLE BACKWARD

- 41&42 Step right foot forward; step left beside right; step right forward
- 43&44 Step left forward beginning a ½ turn right; step right beside left continuing turn; step left foot slightly forward completing the turn
- 45&46 Step right foot back; step left foot beside right; step right foot back
- 47-48 Rock step back on left; step forward on right.

LEFT AND RIGHT SIDE TOUCHES

- 49-50 Touch left toe to left side; step left across in front of right
- 51-52 Touch right toe to right side; step right across in front of left
- 53-54 Touch left toe to left side; step left across in front of right
- 55-56 Touch right toe to right side; step right across in front of left.

KICK-BALL-CHANGES MOVING BACKWARD

- 57&58 Kick right foot forward; step back on right foot; step left beside right
- 59&60 Kick right foot forward; step back on right foot; step left beside right

61&62 Kick right foot forward; step back on right foot; step left beside right

63&64 Kick right foot forward; step back on right foot; step left beside right.

These kick-ball-changes will cause dancers to move slightly backward each time they are done.

REPEAT
