

Sometimes

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Clare Macklin (UK)
音樂: Sometimes - Britney Spears



RIGHT SIDE STEPS, RIGHT SIDE SHUFFLE, ¼ TURN RIGHT, LEFT OVER RIGHT, LOCK STEPS BACKWARDS

- 1 Step right to right
- 2 Step left behind right
- 3&4 Step right, bring left to right, step right into ¼ turn right
- 5 Cross step left over right
- 6 Step back on right
- 7&8 Step back on left, lock right across front of left, step back on left

¼ TURN BACK RIGHT COASTER, 2 X ½ TURNS BACK LEFT, LEFT FOOT SAILOR STEP 2 X ½ TURNS BACK RIGHT

- 9&10 Step back right into quarter turn back right, step back on left, step forward on right
- 11 Half turn backwards over left shoulder on ball of right foot, step down on left foot
- 12 Half turn backwards left over left shoulder, step down on right foot
- 13&14 Rock on left behind right diagonally, recover on right, step forward on left foot
- 15 Half turn backwards over right shoulder on ball of left foot, place right foot down
- 16 Half turn right backwards on ball of right foot, place left foot down

POINT RIGHT TOE FORWARD, RIGHT SAILOR STEP, POINT LEFT TOE FORWARD, LEFT, SAILOR STEP

- 17 Point right toe forward
- 18 Point right toe out to right side
- 19&20 Step right foot behind left. Step left slightly left, step right foot to place beside left
- 21 Point left toe forward
- 22 Point left toe left out to left side
- 23&24 Step left foot behind right, step right slightly right, step left foot to place beside right

STEP SLIDE RIGHT, HALF TURN SAILOR STEP, STEP SLIDE LEFT, LEFT FOOT SAILOR STEP

- 25&26 Take long step to the right, slide left foot to right
- 27&28 Step left foot diagonally behind right, step down on right, step down on left and pivot half turn left
- 29&30 Take long step to the right, slide left foot to right
- 31&32 Step right foot diagonally behind left, step down on right, step down on left

RIGHT TOE TOUCHES TO RIGHT, KICK & CROSS, LOCK STEPS BACK 1 & ¼ TURNS

- 33 Place right toe down six inches from left to the right side, facing forward, weight on left
- 34 Place right toe a further six inches from left to the right side, facing forward, weight on left
- 35 Kick right foot forward
- 36 Step right foot over front of left
- 37&38 Step back on left, lock right foot across front of left, step back on left
- 39&40 Step quarter turn right, pivot spin a full turn on ball of right foot, step down on left to left

REPEAT
