Sometimes

拍數: 34

級數: Improver

編舞者: William Sevone (UK)

音樂: You Were Mine - The Chicks

2X SIDE SWAY, 2X CROSS ROCK-ROCK-SIDE (12:00)

1-2 Step right & sway body to right side, sway onto left

牆數:4

- 3-4 Cross rock right over left, rock onto left
- 5-6 Step right to right side, cross rock left over right
- 7-8 Rock onto right, step left to left side

FULL TURN RIGHT, CROSS ROCK, ROCK, ¼ RIGHT, STEP FORWARD, ¾ RIGHT SWAY, SWAY (12:00)

- 9-10 (Moving left) full turn left stepping right, left (turn ¼ left & step forward right, turn ¾ left & step left to left)
- 11-12 Cross rock right over left, rock onto left
- 13-14 Turn ¼ right & step forward onto right, step forward onto left
- 15-16 Turn ³⁄₄ right & step right (swaying body) to right, sway onto left

2X CROSS BEHIND-SWEEP, ¾ LEFT, STEP FORWARD, ¼ LEFT ROCK BEHIND, ROCK (12:00)

Counts 17-20 are moving backward

- 17-18 Cross step right behind left, sweep left behind right (weight on left)
- 19-20 Cross step right behind left, sweep left behind right (weight on left)
- 21-22 (Weight still on left) turn ³/₄ left, step forward onto right
- 23-24 Turn ¼ left & cross rock left behind right, rock step onto right

3X SWAY, BACKWARD STEP LOCKSTEP, ROCK BACKWARD, STEP, 2X FORWARD SKATE, ¼ RIGHT SIDE ROCK/SWAY (3:00)

- 25-27 Step left & sway body to left side, sway body to right, sway body to left
- 28&29 Step backward onto right, lock left across front of right, step backward onto right
- 30-31 Rock backward onto left, rock step onto right
- 32-33 Forward skates: left, right
- 34 Turn ¼ right & rock/sway left to left side

REPEAT

FINISH

The music starts to slow and fade from count 20 of the 7th wall. This is when the dance ends. To finish with a flourish (and facing the 'home' wall) extend counts 21-24 to two counts each



