

Sometimes

拍數: 32 牆數: 4 級數: Improver
編舞者: Terry Hogan (AUS)
音樂: Comes From The Heart - Kathy Mattea



CROSS ROCK, SHUFFLE, ROCK FORWARD, BACK, SHUFFLE BACK

1-2 Rock/step right across in front of left, rock backward onto left
3&4 Shuffle to the right side right-left-right making ¼ turn right on count 4
5-6 Rock/step left foot forward, rock backward onto right
7&8 Shuffle backward left-right-left

¼ RIGHT, FORWARD, RIGHT SAMBA, LEFT SAMBA, ½ PIVOT

9 Step right foot backward & make ¼ turn right
10 Step left forward toward left diagonal
11&12 Step right forward crossing in front of left foot, step on ball of left to the side, step forward on right to the center (samba step)
13&14 Step left forward crossing in front of right foot, step on ball of right to the side, step forward on left to the center (samba step)
15-16 Step right forward, make ½ pivot turn left stepping forward onto left foot

ROCK FORWARD, BACK, COASTER, STEP TURN, SYNCOPATED VINE

17-18 Rock/step right forward, rock backward onto left
19&20 Step right backward, step left beside right, step right forward (coaster)
21-22 Step left forward, make ¼ turn left & step right to the side
23&24 Step left across behind right, step right to the side, step left across in front of right

SIDE ROCK, REPLACE, EXTENDED CROSS SHUFFLE, HINGE TURN, SIDE

25-26 Rock/step right foot to the side, rock/replace weight sideward onto left
27&28 Cross shuffle to the left side right-left-right
&29 Step left to the side, step right across in front of left
30 Rock/step left to the side
31 Pushing with the left make ½ turn left on ball of right foot
32 Step left to the side

REPEAT

TAG

At the end of the 3rd wall when you are facing 9:00, there is a 2 count pause in the music. Simply sway/push hips right-left & start from count 1.