

Sometimes

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Becky Neale (UK)
音樂: Sometimes They Do - The Cheap Seats



VINE RIGHT, HIP BUMPS FORWARD, VINE LEFT, HIP BUMPS FORWARD

- 1-4 Step right foot to right, cross left foot behind right, step right foot to right, touch left foot next to right
- 5&6 Step forward left foot bumping hips left, bump hips right, bump hips left placing weight on left foot
- 7&8 Step forward right foot bumping hips right, bump hips left, bump hips right placing weight on right foot
- 9-12 Step left foot to left, cross right foot behind left, step left foot to left, touch right foot next to left
- 13&14 Step forward right foot bumping hips right, bump hips left, bump hips right placing weight on right foot
- 15&16 Step forward left foot bumping hips left, bump hips right, bump hips left placing weight on left foot

ROCK RIGHT FORWARD, BACK, FORWARD, BACK

- 17-20 Rock forward on right foot, replace weight onto left foot, rock back on right foot, replace weight onto left foot
- 21-24 Rock forward on right foot, replace weight onto left foot, rock back on right foot, replace weight onto left foot

ROLLING VINE RIGHT, JUMP FORWARD & CLAP, JUMP FORWARD & CLAP

- 25-28 Step right foot to right making a ¼ turn right, step forward left foot making ½ turn right, step back right making a ¼ turn right, close left foot next to right
- 29&30 Jump forward landing right foot, then left foot, clap
- 31&32 Jump back landing right foot, then left foot, clap

ELVIS KNEES : RIGHT, HOLD, LEFT, HOLD, RIGHT, LEFT, RIGHT, LEFT

- 33-36 Turn right knee in, hold, right knee back in place as you turn left knee in, hold
- 37-38 Left knee back in place as you turn right knee in, right knee back in place as you turn left knee in
- 39-40 Left knee back in place as you turn right knee in, right knee back in place as you turn left knee in

RIGHT KICK BALL CROSS, RIGHT KICK BALL CROSS, MONTEREY TURN, RIGHT KICK BALL CROSS, RIGHT KICK BALL CROSS, MONTEREY TURN WITH SWITCH STEP

- &41&42 Replace weight on left foot, kick right foot forward, replace weight on right foot, cross left foot over right
- 43&44 Kick right foot forward, replace weight on right foot, cross left foot over right
- 45-48 Touch right to right side, on ball of left pivot ½ turn right stepping right beside left, touch left to left side, step left beside right
- 49&56 Kick right foot forward, replace weight on right foot, cross left foot over right
- 51&52 Kick right foot forward, replace weight on right foot, cross left foot over right
- 53-54 Touch right to right side, on ball of left pivot ½ turn right stepping right beside left
- 55&56 Touch left to left side, step left beside right, point right toe to right side

SWITCH STEPS, JUMP APART, JUMP CROSS, UNWIND ½ TURN LEFT

- &57 Close right foot next to left, point left foot to left side
- &58 Close left foot next to right, tap right heel forward
- &59 Close right next to left, tap left heel forward

- &60 Close left foot next to right, tap right heel forward
- &61 Jump feet apart landing right foot, then left foot (weight finishing on left foot)
- &62 Close right foot to center, cross left foot behind right
- 63-64 Unwind $\frac{1}{2}$ turn left over two counts

REPEAT
