

# Sometimes

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Becky Neale (UK)  
音樂: Sometimes They Do - The Cheap Seats



## VINE RIGHT, HIP BUMPS FORWARD, VINE LEFT, HIP BUMPS FORWARD

- 1-4            Step right foot to right, cross left foot behind right, step right foot to right, touch left foot next to right
- 5&6           Step forward left foot bumping hips left, bump hips right, bump hips left placing weight on left foot
- 7&8           Step forward right foot bumping hips right, bump hips left, bump hips right placing weight on right foot
- 9-12          Step left foot to left, cross right foot behind left, step left foot to left, touch right foot next to left
- 13&14        Step forward right foot bumping hips right, bump hips left, bump hips right placing weight on right foot
- 15&16        Step forward left foot bumping hips left, bump hips right, bump hips left placing weight on left foot

## ROCK RIGHT FORWARD, BACK, FORWARD, BACK

- 17-20        Rock forward on right foot, replace weight onto left foot, rock back on right foot, replace weight onto left foot
- 21-24        Rock forward on right foot, replace weight onto left foot, rock back on right foot, replace weight onto left foot

## ROLLING VINE RIGHT, JUMP FORWARD & CLAP, JUMP FORWARD & CLAP

- 25-28        Step right foot to right making a ¼ turn right, step forward left foot making ½ turn right, step back right making a ¼ turn right, close left foot next to right
- 29&30        Jump forward landing right foot, then left foot, clap
- 31&32        Jump back landing right foot, then left foot, clap

## ELVIS KNEES : RIGHT, HOLD, LEFT, HOLD, RIGHT, LEFT, RIGHT, LEFT

- 33-36        Turn right knee in, hold, right knee back in place as you turn left knee in, hold
- 37-38        Left knee back in place as you turn right knee in, right knee back in place as you turn left knee in
- 39-40        Left knee back in place as you turn right knee in, right knee back in place as you turn left knee in

## RIGHT KICK BALL CROSS, RIGHT KICK BALL CROSS, MONTEREY TURN, RIGHT KICK BALL CROSS, RIGHT KICK BALL CROSS, MONTEREY TURN WITH SWITCH STEP

- &41&42       Replace weight on left foot, kick right foot forward, replace weight on right foot, cross left foot over right
- 43&44        Kick right foot forward, replace weight on right foot, cross left foot over right
- 45-48        Touch right to right side, on ball of left pivot ½ turn right stepping right beside left, touch left to left side, step left beside right
- 49&56        Kick right foot forward, replace weight on right foot, cross left foot over right
- 51&52        Kick right foot forward, replace weight on right foot, cross left foot over right
- 53-54        Touch right to right side, on ball of left pivot ½ turn right stepping right beside left
- 55&56        Touch left to left side, step left beside right, point right toe to right side

## SWITCH STEPS, JUMP APART, JUMP CROSS, UNWIND ½ TURN LEFT

- &57           Close right foot next to left, point left foot to left side
- &58           Close left foot next to right, tap right heel forward
- &59           Close right next to left, tap left heel forward

- &60 Close left foot next to right, tap right heel forward
- &61 Jump feet apart landing right foot, then left foot (weight finishing on left foot)
- &62 Close right foot to center, cross left foot behind right
- 63-64 Unwind  $\frac{1}{2}$  turn left over two counts

**REPEAT**

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