

Something With Attitude

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Billie-Jo Moote (CAN)
音樂: Get Down - Backstreet Boys



JUMP, TOE-HEEL SWIVELS (TRAVELING APPLEJACKS TO THE RIGHT THEN TO THE LEFT)

1-2 To the right-jump with toes apart, bring together
3&4 Apart, together, apart
5-6 To the left (no jump)-together, apart
7&8 Together, apart, together (weight left)

KICK STEP TOUCHES

9&10 Kick right foot forward, step on right, touch left toe to left side
11&12 Kick left foot forward, step on left, touch right toe to right side

CROSS, UNWIND ½ TURN, KICK BALL CHANGE

13-14 Cross right foot over the left, unwind ½ turn to the left (weight left)
15&16 Right kick ball change (kick right foot forward, step on ball of right, step on left)

TOUCH-HITCH, CROSS OVER SHUFFLES (HOL-HAS STEPS)

17&18& Touch right toe to right side, hitch right knee up, touch to right side, hitch up
19&20 Cross right over left and shuffle right. Left, right (weight on right)
21&22& Touch left toe to left side, hitch left knee up, touch to left side, hitch up
23&24 Cross left over right and shuffle left, right, left (weight left)
25-28 Repeat 17 to 20 for the right foot
29-32 Repeat 21 to 24 for the left foot (weight on left)

Alternative steps for 17 to 20 (kick appropriate foot to the side for 2 kicks then cross over shuffle)

KICKS FORWARD-SIDE, SAILOR OR CROSS BEHIND SHUFFLES

33-36 Kick right foot forward and side, cross right behind left and shuffle right-left-right
37-40 Kick left foot forward and side, cross left behind right and shuffle left-right-left (weight left)

SAILOR SHUFFLES, COASTER STEP

41&42 Cross right behind the left and shuffle right, left, right
43&44 Cross left behind the right and shuffle left, right, left
45&46 Cross right behind the left and shuffle right, left, right
47&48 Left coaster step back (step back left, right together, forward left) (weight left)

BASKETBALL PIVOTS (PIVOTING ON THE OPPOSITE FOOT)

49-50 Touch right forward and ¼ turn to left, push back ¼ turn right (original wall),
51&52 Jump and cross left foot over right, jump feet apart, jump and cross right over left
53-54 Touch right forward and ½ turn to left, push back ½ turn right (facing ½ right from original wall)
55&56 Jump and cross left foot over right, jump feet apart, jump and cross right over left (weight left)

CROSS OVER ROCK STEPS

57&58 Cross and step right over left, step on left, step right beside left
59&60 Cross and step left over right, step on right, step left beside right
61&62 Cross and step right over left, step on left, step right beside left
63&64 Cross and step left over right, step on right, step left beside right (weight left)

REPEAT

