

Something Stupid

拍數: 48 牆數: 2 級數:
編舞者: Sofie Johnson (UK)
音樂: Something Stupid - Frank & Nancy Sinatra



CROSS STEP, SAILOR STEP, CROSS STEP SAILOR ¼ TURN RIGHT

1-2 Cross left over right, step right to right side
3&4 Step left behind right, step right to right side, step left in place
5-6 Cross right over left, step left to left side
7&8 Step right behind left, step left a ¼ turn right, step right beside left

WALKS FORWARD, ROCK AND ¼ TURN RIGHT, SLIDE STEP, ROCK AND SIDE

9-10 Walk forward left, right
11&12 Rock forward on to left, rock back on right, make a ¼ turn right on ball of right stepping left slightly behind the right foot (legs should be crossed, right foot in front of left. This may feel strange.)
13-14 Take a big step to the right on right foot, slide left to meet it (no weight)
15&16 Rock forward & slightly diagonally right on the left foot, rock back on right, step left to left side

ROCK BACK RIGHT, FORWARD LEFT, CHASSE RIGHT, & ROCK STEP, BEHIND AND CROSS

17-18 Rock back on right foot, rock forward on to left
19&20 Step right to right side, step left to meet it, step right to right side
&21-22 Step onto left, rock right to right side, rock left to left side
Optional head move - on count 21, on the rock step right, look right over right shoulder then slowly bring back to center on count 22.
23&24 Step right behind left foot, step left to left side, step right in front of left

STEP LEFT TO SIDE, SWEEP ¼ TURN RIGHT INTO RIGHT SAILOR STEP, MAMBO STEPS TWICE

25-26 Step left to left side, sweep right foot behind left making a ¼ turn right at the same time
27&28 Step right foot behind left, step left in place, step right in place
29&30 Rock forward on to left, rock back on to right, step left in place
31&32 Rock back on to right, rock forward on to left, step right in place (taking weight on to right foot.)

MAKE ¼ TURN LEFT ON LEFT, HOLD, TOUCH TOE IN, OUT, IN, STEP RIGHT, HOLD, IN, OUT, IN

33-34 Step on to left at same time make a ¼ turn left, then hold for 1 count
&35-36 Bring right toe in and touch beside left, touch right toe to right side, bring in and touch right toe next to left
37-38 Step right to right side, hold for 1 count
&39-40 Bring left toe in and touch next to right, touch left toe to left side, bring in and touch left toe next to right

CROSS LEFT OVER RIGHT, UNWIND FULL TURN RIGHT, CHASSE LEFT, ROCK BACK, ROCK FORWARD, CHASSE RIGHT

41-42 Cross left over right, unwind a full turn turning right (weight ends on right)
43&44 Step left to left side, step right to meet it, step left to left side
45-46 Rock back on right foot, rock forward on left foot
47&48 Step right to right side, step left to meet it, step right to right side

REPEAT