Someone Who Cares

級數: Improver waltz

編舞者: Mat Baker

拍數: 48

音樂: Here's a Quarter (Call Someone Who Cares) - Travis Tritt

FORWARD 2,3 BACK 2,3 ROLL 2,3 ROCK 2,3

1-3 Step left forward, step right together, step left in place

- 4-6 Step right back, step left together, step right in place
- 7-9 Step left to left side with $\frac{1}{4}$ turn left, step right forward with $\frac{1}{2}$ turn left, step left foot back with $\frac{1}{4}$ turn left
- 10-12 Rock right across left, hold, transfer weight back onto left foot

For those dancer who do not like turns counts 7-9 can be replace left side, right together, left side

FORWARD 2,3 BACK 2,3 ROLL 2,3 POINT 2,3

- 1-3 Step right forward, step left together, step right in place
- 4-6 Step left back, step right together, step left in place
- 7-9 Step right to right side with ¼ turn right, step left forward with ½ turn right, step right foot back with ½ turn right
- 10-12 Point left foot to left side keeping weight on right foot, hold for 2 counts
- As above counts 7-9 can be replace right side, left together, right side with ¼ turn right

FORWARD POINT, BACK POINT, FORWARD POINT, BACK TURN ½ LEFT, TOGETHER

- 1-3 Step forward on left foot, point right foot to right side, hold
- 4-6 Step back on right foot, point left foot to left side, hold
- 7-9 Step forward on left foot, point right foot to right side, hold
- 10-12 Step back on right foot, step back on left foot and make ½ turn left, step right together

LEFT TURN AND HITCH, BACK 2,3 COASTER STEP, FULL TURN FORWARD

- 1-3 Step left foot forward with ¼ turn left, hitch right knee, hold
- 4-6 Step right back, step left back, step right back
- 7-9 Step left back, step right together, step left forward

10-12 Step right forward with ½ turn left, step left foot back with ½ turn left, step right foot forward As with the turns at the start of the dance the turns here can be replaced with three walks forward, right, left right

REPEAT





牆數:4