

# Somebody Stop Me

**COPPER** KNOB  
BY STEPHEN

拍數: 48      牆數: 2      級數: Improver  
編舞者: Christine Moore (UK)  
音樂: Somebody Stop Me - Erica Rivera



The choreographer was age 15 when this dance was created.

## **KICK KICK FORWARD RIGHT, COASTER STEP RIGHT, ROCK FORWARD LEFT, SHUFFLE ½ TURN LEFT**

1-2            Kick forward right twice  
3&4           Step back right, step left beside right, step forward right  
5-6           Rock forward on left, rock back on right  
7&8           Shuffle back making ½ turn left, stepping - left, right, left

## **HEEL SWITCHES RIGHT LEFT RIGHT & HOLD, HEEL SWITCHES LEFT RIGHT LEFT & HOLD**

1-4            Touch right heel forward, step right beside left, touch left heel forward, step left beside right, touch right heel forward & hold  
5-8            Touch left heel forward, step left beside right, touch right heel forward, step right beside left, touch left heel forward & hold

## **ROCK FORWARD RIGHT, SHUFFLE BACK RIGHT, STEP BACK LEFT RIGHT, COASTER STEP LEFT**

1-2            Rock forward on right, rock back onto left  
3&4           Step back right, close left beside right, step back right  
5-6           Step back left, step back right  
7&8           Step back left, step right beside left, step forward left

## **RIGHT ROCK CROSS, LEFT ROCK CROSS, ROCK FORWARD RIGHT, SHUFFLE ½ TURN RIGHT**

1-2            Rock to right side on right, rock onto left in place, cross right over left  
3-4            Rock to left side on left, rock onto right in place, cross left over right  
5-6            Rock forward on right, rock back onto left  
7&8            Shuffle back making ½ turn right, stepping - right, left, right

## **LEFT BEHIND & HEEL JACK CROSS, RIGHT BEHIND & HEEL JACK CROSS**

1-2            Step left to the left side, step right behind left  
&3            Step diagonally back left, touch right heel diagonally forward right  
&4            Step right into center, cross left over left  
5-6            Step right to the right side, step left behind right  
&7            Step diagonally back right, touch left heel diagonally forward left  
&8            Step left into center, cross right over right

## **LEFT ROCK CROSS, RIGHT ROCK CROSS, ROCK FORWARD LEFT, SHUFFLE ½ TURN LEFT**

1-2            Rock to left side on left, rock onto right in place, cross left over right  
3-4            Rock to right side on right, rock onto left in place, cross right over left  
5-6            Rock forward on left, rock back on right  
7&8            Shuffle back making ½ turn left, stepping - left, right, left

**REPEAT**