

# Somebody Help Me!

**COPPER** **KNOB**  
BY STEPHEN HETS

拍數: 0                      牆數: 2                      級數: Intermediate  
編舞者: Terry Hogan (AUS)  
音樂: Jump In The Line - Cherry Poppin' Daddies



Sequence: AB, AB, ABB, A, A(1-16 only), B, A

## PART A

**SIDE RIGHT, CLOSE LEFT, SIDE RIGHT, CLOSE LEFT, RIGHT KICK, BALL, CROSS, JUMP SIDE RIGHT, TOUCH LEFT, HIP, HIP**

1-4                      Step/slide side right, slide left beside right, repeat previous 2 counts  
5&6                      Kick right forward, step slightly back on ball of right foot, step left over right  
&7                      Jump on right to the side, touch left toe beside right pushing hips right  
&8                      Push hips left, right while keeping weight on right foot

**SIDE LEFT, CLOSE RIGHT, SIDE LEFT, CLOSE RIGHT, LEFT KICK, BALL, CROSS, JUMP SIDE LEFT, TOUCH RIGHT, HIP, HIP**

1-4                      Step/slide side left, slide right beside left, repeat previous 2 counts  
5&6                      Kick left forward, step slightly back on ball of left foot, step right over left  
&7                      Jump on left to the side, touch right toe beside left pushing hips left  
&8                      Push hips right, left while keeping weight on left foot

**ROCK FORWARD RIGHT, REPLACE, ROCK BACK RIGHT, REPLACE, CHA-CHA ½ LEFT, ROCK BACK LEFT, REPLACE**

1-2                      Rock-step forward right, rock-replace weight onto left  
3-4                      Rock-step back right, rock-replace weight forward onto left  
5&6                      Cha-cha forward right, left, right making ½ turn left  
7-8                      Rock-step back left, rock-replace weight forward onto right

**ROCK FORWARD LEFT, REPLACE, ROCK BACK LEFT, REPLACE, CHA-CHA ½ RIGHT, ROCK BACK RIGHT, REPLACE**

1-2                      Rock-step forward left, rock-replace weight onto right  
3-4                      Rock-step back left, rock-replace weight forward onto right  
5&-6                      Cha-cha forward left, right, left making ½ turn right  
7-8                      Rock-step back right, rock-replace weight forward onto left

**FORWARD CROSS SAMBA RIGHT, FORWARD CROSS SAMBA LEFT, ROLLING FULL TURN RIGHT, CHA-CHA SIDE RIGHT**

1&2                      Step right forward across left, rock-step left to the side, replace weight onto right  
3&4                      Step left forward across right, rock-step right to the side, replace weight onto left  
5-6                      Make a full turn right moving to the right side stepping right, left  
7&8                      Cha-cha to the right side right, left, right

**FORWARD CROSS SAMBA LEFT, FORWARD CROSS SAMBA RIGHT, ROLLING FULL TURN LEFT, CHA-CHA SIDE LEFT**

1&2                      Step left forward across right, rock-step right to the side, replace weight onto left  
3&4                      Step left forward across left, rock-step left to the side, replace weight onto right  
5-6                      Make a full turn left moving to the left side stepping left, right  
7&8                      Cha-cha to the left side left, right, left

## PART B

**ROCK FORWARD RIGHT, REPLACE, DIAGONAL. BACK, CROSS, BACK, ROCK BACK LEFT, REPLACE,**

**FORWARD LEFT, ½ RIGHT**

- 1-2 Rock-step forward right, rock-replace weight back onto left  
3&4 Step right backward toward right diagonal, step left across right, step right backward toward right diagonal  
5-6 Rock-step left backward, rock-replace weight forward onto right  
7-8 Step left forward, make ½ pivot turn right onto right

**SLIDE FORWARD LEFT, CLOSE RIGHT, SLIDE FORWARD LEFT, CLOSE RIGHT, LEFT SAMBA FORWARD, RIGHT SAMBA BACK**

- 1-4 Slide/step forward left, slide right beside left, repeat previous 2 counts  
5&6 Jump-step forward left, step right beside left, step left in place (all on balls of feet)  
7&8 Jump-step backward right, step left beside right, step right in place (on balls of feet)

**FORWARD LEFT, ½ RIGHT, FORWARD LEFT, ½ RIGHT, OUT LEFT, OUT RIGHT, CENTER LEFT, CLOSE RIGHT, OUT, LEFT, OUT RIGHT, CENTER LEFT CLOSE RIGHT**

- 1-4 Step forward left, make ½ pivot turn right onto right, repeat previous 2 counts  
&5 Small step side left, small step side right (feet are apart)  
&6 Small step left to center, step right beside left  
&7&8 Repeat previous 4 moves (all should be on balls of feet)

**ROCK FORWARD LEFT, REPLACE ½ LEFT, CHA-CHA FORWARD LEFT-RIGHT-LEFT, FORWARD RIGHT, ½ LEFT, FORWARD RIGHT, TAP LEFT, BACK LEFT, TAP RIGHT**

- 1-2 Rock-step forward left, replace weight back onto right making ½ turn left  
3&4 Cha-cha forward left, right, left  
5-6 Step right forward, make ½ pivot turn left onto left  
&7 Step right forward, tap left toes beside right foot  
&8 Step left backward, tap right toes beside left foot
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