

Some Beach Cha Cha

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate social cha
編舞者: Gerald Biggs (USA)
音樂: Some Beach - Blake Shelton



SHUFFLE STEP, KICK, HIP ROLL

1&2 Shuffle step forward, right, left, right
3&4 Shuffle step forward, left, right, left
5&6 Kick forward, right, left, right (kick slightly across opposite foot)
7&8 Roll hips (starting to your right, down and up, making the letter "o" keep weight on left)

SHUFFLE STEP BACK, UNWIND ½ TURN, HIP ROLL

1&2 Shuffle step backwards, right, left, right
3&4 Shuffle step backwards, left, right, left
5-6 Step right, toe behind left, heel, unwind ½ turn right
7&8 Roll hips (starting to your right, down and up, making the letter "o" keep weight on left)

RIGHT, FORWARD MAMBO, LEFT, FORWARD MAMBO (TRAVEL SLIGHTLY FORWARD)

1-2 Rock to side on right, step forward left
3&4 Triple step in place, right, left, right
5-6 Rock to side on left, step forward right
7&8 Triple step in place, left, right, left

SHUFFLE STEP, MONTEREY TURN

1&2 Shuffle step forward, right, left, right
3&4 Shuffle step forward, left, right, left
5-6 Touch right, toe to side, pivot ½ turn right while stepping right next to left
7-8 Touch left, toe to side, step left next to right

CROSS SHUFFLE, SIDE TOGETHER

1&2 Rock forward right over left, rock back left, rock forward right
3-4 Step left to side, step right next to left
5&6 Rock forward left over right, rock back right, rock forward left
7-8 Step right to side, step left next to right

UNWIND ¾ TURN, HIP ROLL, ROCK RECOVER, COASTER STEP

1-2 Step right, toe behind left, heel, unwind ¾ turn right
3&4 Roll hips (starting to your right, down and up, making the letter "o" shift weight to right)
5-6 Rock forward on left, rock back on right
7&8 Step back left, step right next to left, step forward left

REPEAT
