

Some Beach (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Jim Vivis (USA)
音樂: Some Beach - Blake Shelton



Position: Sweetheart, man and lady are on opposite footwork

MAN'S STEPS

1-2 Rock left foot to left side, recover on right foot

3&4 Turning $\frac{1}{4}$ turn right to face OLOD shuffle forward left, right, left

Hand movements: on counts 3 & 4 man takes ladies left hand over her head as she does a $\frac{3}{4}$ turn ending in skaters position with left hands on top

5-6 Rock forward right foot, recover on left foot

7&8 Turning $\frac{1}{4}$ turn right to face, RLOD shuffle forward right, left, right

Remain in skaters position

1-2 Rock forward on left foot, recover back on right

3&4 Turning $\frac{1}{2}$ turn left to face LOD, shuffle forward left, right, left

5-6 Rock forward right recover back left

7&8 Shuffle forward right, left, right

1-2 Turning $\frac{1}{4}$ turn right to face OLOD, step left foot to side touch right foot in place

3&4 Shuffle to side right, left, right

5-6 Turning $\frac{1}{4}$ right to face RLOD, rock forward left recover right

7&8 Turning $\frac{1}{2}$ turn left, shuffle forward left, right, left

1-2 Walk forward right, left

3&4 Shuffle forward right, left, right

5-6 Rock forward left recover right

7-8 Walk forward left, right

Hand movements: on counts 1 and 2 drop ladies left hand and pull her toward you with her right hand as she rolls forward. Pick lady back up in sweetheart position

REPEAT

LADY'S STEPS

1-2 Cross rock right foot over left, recover on left foot

3&4 Turning $\frac{3}{4}$ turn right to face ILOD shuffle back right, left, right

Hand movements: on counts 3 & 4 man takes ladies left hand over her head as she does a $\frac{3}{4}$ turn ending in skaters position with left hands on top

5-6 Rock back on left foot, recover on right foot

7&8 Turning $\frac{1}{4}$ left to face RLOD, shuffle forward left, right, left

Remain in skaters position

1-2 Rock forward on right foot, recover back on left foot

3&4 Turning $\frac{1}{2}$ turn right to face LOD, shuffle forward right, left, right

5-6 Rock forward left recover back right

7&8 Shuffle forward left, right, left

1-2 Turning $\frac{1}{4}$ turn left to face ILOD, step right foot to side touch left foot in place

3&4 Shuffle to side left, right, left

5-6 Turning $\frac{1}{4}$ left to face RLOD, rock forward right recover left

7&8 Turning ½ turn right shuffle forward right, left, right

1-2 Turning left roll forward left, right for counts 1 and 2

3&4 Shuffle forward left, right, left

5-6 Rock forward right recover left

7-8 Walk forward right, left

Hand movements: on counts 1 and 2 drop ladies left hand and pull her toward you with her right hand as she rolls forward. Pick lady back up in sweetheart position

REPEAT
