

Solo Twister

拍數: 44 牆數: 4 級數: Beginner
編舞者: Mark Caley (UK) & Jan Caley (UK)
音樂: Not - K-Libre



VINES AND HEEL SWIVELS

- 1-4 Right foot to side, cross left behind, step right to side, stomp left next to right
5-8 With feet together twist heels right, left, right, center
9-12 Left foot to side, cross right behind, step left to side with $\frac{1}{4}$ turn left, stomp right foot next to left
13-16 With feet together twist heels left, right, left, center

ROCKS AND STOMPS

- 17-18 Right foot step forward, rock back onto left
19-20 Right foot step back, rock forward onto left
21-22 Stomp in place right, left
23-28 Repeat steps 17-22

MONTEREY TURN

- 29-30 Touch right toe to side, bring back in place making $\frac{1}{2}$ turn to right
31-32 Touch left toe to side, bring left back in place
33-36 Repeat steps 29-32

VINES & HITCHES

- 37-40 Right foot to side, cross left behind, step right to side, hitch left leg behind right and slap heel with right hand
41-44 Left foot step to side, cross right behind, left step to side making $\frac{1}{2}$ turn left, and hitch right leg

REPEAT
