Solid Gold Sixties



拍數: 52 牆數: 4 級數: Beginner

編舞者: David Grant (UK)

音樂: What Kind of Fool - Scooter Lee



LEFT HEEL TAPS, RIGHT HEEL TAPS

1-4 Tap the left heel four times. At the same time extend the left arm directly out in front (at

shoulder level) with the palm facing directly in front (as if stopping traffic). On beats 2-4 move

the arm to the left. **

5-8 Tap the right heel four times. At the same time extend the right arm directly out in front (at

shoulder level) with the palm facing directly in front (as if stopping traffic). On beats 6-8 move

the arm to the right. **

KNEE POPS

9 Pop the left knee out lifting the left heel off the floor.

10 Return the left knee and pop the right knee out lifting the right heel off the floor.

Pop the left knee out lifting the left heel off the floor.

12 Return the left knee and pop the right knee out lifting the right heel off the floor. At the same

time extend the both arms directly out in front (at shoulder level) with the palms facing directly

in front (as if stopping traffic). On beats 10-12 move the arms out to the sides. **

SCOOT, CLAP, SCOOT, CLAP

13-14 Scoot forward on both feet, clap 15-16 Scoot forward on both feet, clap

BACK, SNAP, BACK, CLAP, BACK, SNAP, BACK, CLAP

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17	Step back on the right foot turning 45 degrees to the right
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Touch the left foot next to the right and snap (both hands) over the right shoulder

19 Step back on the left foot turning 45 degrees to the left

20 Touch the right foot next to the left and clap over the left shoulder

21 Step back on the right foot turning 45 degrees to the right

22 Touch the left foot next to the right and snap (both hands) over the right shoulder

23 Step back on the left foot turning 45 degrees to the left

Touch the right foot next to the left and clap over the left shoulder

RIGHT SHUFFLE, TURN, TURN, LEFT SHUFFLE, STOMP, STOMP

25&26 Shuffle forward right & left, right

27 Step forward on the left foot turning ½ turn to the right 28 Step back on the right foot turning ½ turn to the right

29&30 Shuffle forward left, right, left

31-32 Stomp forward with the right foot, stomp the left foot next to the right

OUT, OUT, IN, IN

33	Step out to the right with the right foot (option right buttock slap with right hand)
34	Step out to the left with the left foot (option left buttock slap with left hand)

Step in with the right foot (optional thigh slap with right hand)

Step in with the left foot (optional thigh slap with left hand)

RIGHT GRAPEVINE, LEFT GRAPEVINE WITH 1/4 TURN LEFT

37-38	Step to the right on the right foot, step the left foot behind the right
39-40	Step to the right on the right foot, brush the left foot forward
41-42	Step to the left on the left foot, step the right foot behind the left

43	Step to the left on the left foot turning 1/4 turn to the left
44	Brush the right foot forward

1/4 TURN JAZZ BOX, 1/4 TURN JAZZ BOX

45-46	Cross the right foot over the left, step back on the left foot
47-48	Turn ¼ turn right on the right foot, step the left foot next to the right
49-50	Cross the right foot over the left, step back on the left foot
51-52	Turn 1/4 turn right on the right foot, step the left foot next to the right

REPEAT