

Sole (So-Lay)

拍數: 32 牆數: 2 級數: Improver
編舞者: Betty Clarke (CAN)
音樂: Sole - Costanzo



STEP RIGHT, CROSS LEFT BEHIND RIGHT, CHASSE RIGHT, ROCK STEP, SHUFFLE ½ TURN LEFT

1-2 Right step to side right, cross step left behind right
3&4 Right step to side right, step left beside right, right step to side right
5-6 Cross step left over right, rock return onto right
7&8 Shuffle ½ turn left (left, right, left)

STEP RIGHT, CROSS LEFT BEHIND RIGHT, CHASSE RIGHT, ROCK STEP, SHUFFLE ½ TURN LEFT

1-2 Right step to side right, cross step left behind right
3&4 Right step to side right, step left beside right, right step to side right
5-6 Cross step left over right, rock return onto right
7&8 Shuffle ½ turn left (left, right, left)

ROCK STEP, SHUFFLE DIAGONALLY (LEFT & RIGHT)

1-2 Rock right side onto right, rock return onto left
3&4 Right step diagonally left, left step beside right, right step diagonally left
5-6 Rock left side onto left, rock return onto right
7&8 Left step diagonally right, right step beside left, left step diagonally right

ROCK STEP, COASTER STEP, ½ TURN RIGHT, SHUFFLE FORWARD

1-2 Right step forward onto right, rock return onto left
3&4 Right step back onto right, left step beside right, right step forward
5-6 Left step forward, ½ turn right (weight on right)
7&8 Left step forward, right step beside left, left step forward

REPEAT
