Solar-Powered

拍數: 48

級數: Improver

編舞者: Chris Bowles (UK)

音樂: Made - Jamie Scott

RIGHT STEP, DRAG, STOMP, STOMP, LEFT STEP, DRAG, STOMP, STOMP 1-3 Step right large step to right, drag left towards right (over two counts)

- 1-3 Step fight large step to fight, drag left towards fight (over two c
- &4 Stomp left beside right, stomp left in place
- 5-7 Step left large step to left, drag right towards left (over two counts)
- &8
 Stomp right beside left, stomp right in place

RIGHT SIDE, TOUCH, LEFT SIDE, TOUCH, COASTER STEP, SCUFF, STOMP

- 1-2 Step right to right side, touch left beside right (while clicking fingers up)
- 3-4 Step left to left side, touch right beside left (while clicking fingers down)
- 5&6 Step right back, step left beside right, step right forward
- 7&8 Scuff left beside right, hitch left knee, stomp left just in front of right

HIP BUMPS - FORWARD, FORWARD, BACK, FORWARD, BACK, BACK, FORWARD, BACK

- 1-2 Bump hips forward, bump hips forward
- 3-4 Bump hips back, bump hips forward
- 5-6 Bump hips back, bump hips back
- 7-8 Bump hips forward, bump hips back

WALK BACK (TWICE), COASTER STEP, WALK FORWARD (TWICE), ROCK, RECOVER

- 1-2 Walk back on left, walk back on right
- 3&4 Step left back, step right beside left, step left forward
- 5-6 Walk forward on right, walk forward on left
- 7-8 Rock forward on right, recover on left

1⁄4 TURN RIGHT WITH TOE STRUT, CROSS STRUT, SIDE STRUT, CROSS STRUT

- 1-2 Turn ¼ turn right touching right toe to right side, drop right heel
- 3-4 Touch left toe across right, drop left heel
- 5-6 Touch right toe to right side, drop right heel
- 7-8 Touch left toe across right, drop left heel

SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS ROCK, RECOVER, RIGHT POINT, HITCH

- 1-2 Rock right on right foot, recover on left
- 3-4 Step right behind left, step left to left
- 5-6 Cross rock right over left, recover on left
- 7-8 Point right toe to right side, hitch right knee

REPEAT





牆數:4

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