

Soft Place To Fall!

COPPER KNOB
BY STEPHEN PATERSON

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Stephen Paterson (AUS)
音樂: A Soft Place to Fall - Allison Moorer



Start 32 counts after vocals, on the word "things..." (or if you want to start with the lyrics, begin at count 33, facing the 3:00 wall)

CROSS, SIDE, BEHIND AND CROSS (MOVING LEFT)

1-2 Cross right over left, step left out to left side
3& Cross right behind left, step left out to left side
4 Cross right over left

SIDE, ROCK, ROCK, ROCK

5-8 Step left out to left side rocking weight over left, rock weight over right, rock weight over left, rock weight over right

CROSS, SIDE, BEHIND AND CROSS (MOVING RIGHT)

9-10 Cross left over right, step right out to right side
11&12 Cross left behind right, step right out to right side, cross left over right

SIDE, HOLD, ROCK, HOLD

13-16 Step right out to right side rocking weight over right, hold, rock weight over left, hold

CROSS, BACK AND TOGETHER, STEP 45

17-18 Cross right over left, step back onto left
&19-20 Step right out to right side, step left beside right, turning to face right 45 degrees step forward onto right

FULL TURN, WALK, WALK (ALL MOVING TOWARDS RIGHT 45)

21-24 Turning half to right step back onto left, turning half to right step forward onto right, step forward onto left, step forward onto right

Counts 23 24 can be replaced with another full turn

FORWARD, HOLD, BACK (STILL ON RIGHT 45), SIDE (STRAIGHTEN TO START WALL)

25-28 Step forward with weight onto left leaving ball of right in place, hold, rock back onto right in place, step left out to side now facing start wall

CROSS, TURN AND (¾ TURN RIGHT) FORWARD, ROCK (MOVING ALONG THE LINE)

29-30 Cross right over left, turning quarter right step back onto left
&31-32 Turning half right step right beside left, step forward onto left, rock back onto right in place

LEFT COASTER, STEP TURN (¾ TURN LEFT)

33&34 Step back onto left, step right beside left, step forward onto left
35-36 Step forward onto right, pivot three quarter turn to left finishing with weight over left leaving right toe in place

RIGHT SIDE, HOLD AND SIDE, TAP

37-38 Step right out to right side, hold while sliding left slightly towards right
&39-40 Step left beside right, step right out to right side, tap left toe behind right (glancing right)

LEFT SIDE, HOLD AND SIDE, TAP

41-42 Step left out to left side, hold while sliding right slightly towards left

&43-44 Step right beside left, step left out to left side, tap right toe behind left (glancing left)

AND FORWARD, STEP, PIVOT, FORWARD

&45-46 Step slightly back on ball of right, step forward slightly onto left, step forward onto right

47-48 Pivot half turn to left finishing with weight over left, step forward onto right

FORWARD, SPIN, SHUFFLE, FORWARD

49& Step forward onto left, spin full turn to right on ball of left foot with feet together

50&51 Shuffle forward right left right

52 Step left out to left side

ROCK, BEHIND, UNWIND

53-54 Rock onto right in place, cross left behind right

55-56 Unwind full turn to left finishing with weight over left, step right out to right side

LEFT SAILOR SHUFFLE, RIGHT SAILOR SHUFFLE

57&58 Cross left behind right, step right out to right side, change weight onto left in place

59&60 Cross right behind left, step left out to left side, change weight onto right in place

LEFT COASTER, STEP, SPIN

61&62 Step back onto left, step right beside left (&), step forward onto left

63&64 Step forward onto right, spin full turn to left on ball of right with feet together, change weight onto left

REPEAT

TAG

When dancing to "You Win, I Win, We Lose" by Kenny Chesney, after dancing the sequence twice (facing front wall) it is necessary to not change weight on count 64, then repeat the last eight counts (counts 57 to 64 with weight change). Dance continues, without further changes.
