

# Soft & Slow

拍數: 32      牆數: 4      級數: Improver  
編舞者: Ed Lawton (UK) & Rob Fowler (ES)  
音樂: Your Man - Josh Turner



## **SWEEP CROSS STEP, SHUFFLE, ROCK, ¼ TURN SHUFFLE**

1-3      Sweep right foot forward, step right over left, step back on left  
4&5      Shuffle back on right, left, right  
6-7      Step back on left, rock forward on right  
8&1      Make a ¼ turn right and side shuffle left on left, right, left

## **½ TURN, SIDE TOGETHER, SHUFFLE, ROCK, SHUFFLE**

2-3      Make a ½ turn left then step right to right, step left next to right  
4&5      Side shuffle right on right, left, right  
6-7      Step forward on left, rock back onto right  
8&1      Shuffle back on left, right, left

## **ROCK, ROCK ROCK CROSS, ¼ TURN TWICE, STEP**

2-3      Step back on right, rock forward onto left  
4&5      Step right to right, rock onto left, step right over left  
6-7      Make a ¼ turn right stepping back on left, make a ¼ turn right stepping right to right  
8-1      Step left over right, touch right toe to right side

## **FULL MONTEREY TURN, HITCH, SHUFFLE, STEP ¼ TURN, CROSS ¼ TURN**

2-3      Make a full turn right stepping right next to left, hitch left  
4&5      Step left over right, step right to right, step left over right  
6-7      Step right to right, make a ¼ turn left stepping left to left  
8&      Step right over left, make a ¼ turn left stepping forward on left

**REPEAT**

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