

Soft And Slow

拍數: 28 牆數: 4 級數: Improver
編舞者: Tim Gauci (AUS)
音樂: Your Man - Josh Turner



SIDE, BEHIND & CROSS, SIDE, BACK, REPLACE, KICK BALL CROSS

1-2&3-4 Right to right, step left behind, step right to right, cross left over right, step right to right
5-6-7&8 Step left back, rock weight forward onto right, kick left foot 45 degrees left, quickly step left foot next to right, cross right over left

BALL CROSS, SIDE, REPLACE, CROSS, ¼ TURN LEFT, BACK LOCK SHUFFLE, BACK, REPLACE

&1-2&3-4 Step left to left, step right over left, step left to left, rock weight onto right, step left over right turning ¼ left step right foot back
5&6-7-8 Step left foot back 45 degrees left, step right foot over left, step left foot back 45 degrees, step right back, rock weight forward onto left

FULL TURN FORWARD, SHUFFLE FORWARD, FORWARD, REPLACE, COASTER CROSS

1-2-3&4 Make a full turn traveling forward- step right back turning ½ to left, step left forward turning ½ to left (or walk forward right, left), shuffle forward right-left-right
5-6-7&8 Step left forward, rock weight back onto right, step left back, step right foot together, cross left over right

HIPS RIGHT, LEFT, RIGHT, LEFT

1-2-3-4 Push hips to right, left, right, left

REPEAT

TAG

On walls 2,3,6 7 (obvious with music) add the following after beat 28 to make 32 count dance

ROCK, REPLACE, KICK BALL CROSS

1-2-3&4 Step right back, rock weight forward onto left, kick right foot 45 degrees right, quickly step right foot next to left, cross left over right
