

Soft & Slow

拍數: 32 牆數: 2 級數: Improver
編舞者: Vivienne Scott (CAN) & Fred Buckley (CAN)
音樂: Your Man - Josh Turner



When dancing to "Your Man" by Josh Turner, the dance starts 32 counts in (4 counts into the lyrics)

VINE RIGHT WITH ¼ TURN, VINE LEFT WITH TURNS, ½ TURN PIVOT

1-3 Step right to right side, step left behind right, step right to right side with ¼ turn right
4-6 Step left forward with ¼ turn right, step right behind left, step left to left side with ¼ turn left
7-8 Step right forward, ½ turn pivot left, weight on left

STEP TOUCHES WITH ¼ TURN SHUFFLES

9-10 Step right forward, touch left beside right
11&12 Step left to left side with ¼ turn left, step right in place, step left forward
13-14 Step right to right side with ¼ turn right, touch left beside right
15&16 Step left to left side with ¼ turn left, step right in place, step left forward

Small steps, don't travel with the shuffle

SWAY, JAZZ BOX WITH ¼ TURN, BALL STEP FORWARD, STEP FORWARD

17-18 Sway right to right side, sway back on left
19-20 Cross right over left, step left to left side making ¼ turn right
21-22 Step right to right side, step left beside right (weight on left)
&23-24 Step on the ball of the right beside left, step left forward, step right forward

Easier alternative:

22-23-24 Touch left beside right, step left forward, step right forward

ROCK FORWARD, SWEEP WITH ¼ TURN, STEP TO THE SIDE, CROSS ROCK, STEP TO THE SIDE

25-26 Rock forward on left, recover on right
27-28 Sweep left behind right making ¼ turn left, step down on left
29-30-31 Step right to right side, cross rock left over right, recover on right
32 Step left to left side, gently pushing yourself to the right

This ensures that you move easily into the beginning of the dance which takes you to the right

REPEAT