

Soda Pop Rock

拍數: 32 牆數: 4 級數: Improver
編舞者: Sharon Leggate (UK) & Fran Snell (UK)
音樂: Soda Pop - Britney Spears



When dancing to Soda Pop, count 24 counts after she sings "here we go now"

ROCKS AND COASTER, ROCKS, ¼ TURN LEFT, COASTER

- 1&2&3&4 Rock forward on right, back on left, rock right to right side, return weight to left, step back on right, step left beside right, step right forward
- 5&6&7&8 Rock forward left, back on right, rock left to left side, back on right into ¼ turn left, step back left, step right beside left, step left forward

SYNCOPATED WEAVE, STEP SLIDE AND HEEL JACK

- 1&2&3&4 Cross right over left, step left to left side, cross right behind left, step left to left side, cross right in front of left, step left to left side, touch right beside left
- 5-6&7&8& Step right long step to right, touch left beside right, step back left, touch right heel forward, step right back beside left, touch left beside right, step forward onto left

HALF TURN, SHUFFLE TURN, COASTER, HALF HEEL BOUNCE TURN

- 1-2-3&4 Step forward on right, pivoting ½ turn left, step left forward, shuffle ½ turn left, stepping right, left, right
- 5&6-7&8 Step back on left, step right beside left, step left forward, bounce both heels three times, turning ½ turn right, leaving weight on left

TRAVELING SAILOR SHUFFLES, SIDE SHUFFLE, CROSS ROCK

- 1&2-3&4 Step right behind left, step left to left side, step right in place, step left behind right, step right to right side, step left in place
- 5&6-7&8 Step to right side, step left beside right, step right to right side, cross rock, left over right, back on right, step left beside right

REPEAT
