

Soda Pop

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Danette Petersen (USA), Susan Skaggs (USA) & Beverly Sommerfeld (USA)
音樂: Mama Don't Get Dressed Up for Nothing - Brooks & Dunn



POWER WALK

- 1 Step forward with right foot/hip
- 2 Hold
- 3 Step forward with left foot/hip
- 4 Hold
- 5 Step forward with right foot/hip
- 6 Step forward with left foot/hip
- 7 Step forward with right foot/hip
- 8 Step forward with left foot/hip

STOMP, PIVOT, STEP, STEP

- 9 Stomp forward with right heel
- 10 Lift and swing right foot and arms in air, pivot ½ turn right on ball of left foot
- 11 Step down with right foot, arms down
- 12 Step together with left foot

HANNAH WALK

The following steps are done with arms down in front, palms facing down

- 13 Step forward on right heel, toes up
- 14 Step forward on left heel, toes up
- 15 Step back on right heel, toes up
- 16 Step down on left foot

OUT, DOWN, SHAKE, UP, SHAKE

- & Step to right side with right foot
- 17 Step to left side with left foot, squat down with arms extended down between knees and shake hips
- 18 Shake hips
- 19 Stand up and extend arms straight up, palms facing forward and shake hips
- 20 Shake hips

HAND JIVE

- 21 Slap palms of hands on both thighs, right on right, left on left
- & Lift both hands to waist level, palms down
- 22 Cross left hand over right hand, palms down
- & Uncross hands
- 23 Cross right and over left hand, palms down
- & Swing right hand in an upward arc to right side
- 24 Snap fingers of right hand, weight on left foot

TURN: ¼, ¼, ½, POINT

- 25 Step ¼ turn right with right foot
- 26 Pivot ¼ turn right on ball of right foot, step to left with left foot
- 27 Pivot ½ turn right on ball of left foot, step to right with right foot
- 28 Point right hand up-right, point left hand down-left, point left toe side left

SNAKES

- 29 "snake" right hand down to left hip, bump hips to right
- 30 "snake" right hand back to up-right position, bump hips left
- 31 "snake" right hand down to left hip, bump hips to right
- 32 "snake" right hand back to up-right position, bump hips to left

During counts 29-32, weight is on the right foot.

SAILOR STEPS

- 33 Step across behind right leg with left foot
- & Step to right side with right foot
- 34 Step to left side with left foot
- 35 Step across behind left with right foot
- & Step to left side with left foot
- 36 Step to right side with right foot

ROCK STEP, KICK, CROSS

- 37 Step back with left foot
- 38 Rock forward onto right foot
- 39 Kick left foot forward
- 40 Step across in front of right leg with left foot

REVERSE CHASSE WITH SHOULDER SHIMMIES

- & Step back with right toe
- 41 Bend forward and shake shoulders, chasse' backwards locking left foot across in front of right foot
- &42-44 Repeat &41 three more times

POINT, CROSS, POINT, CROSS

- 45 Touch right toe to right side
- 46 Step forward-left across in front of left leg with right foot
- 47 Touch left toe to left side
- 48 Step forward-right across in front of right leg with left foot

REPEAT

At end of song, replace count 48 by pointing right hand up-right (1 o'clock) and left hand down-left (7 o'clock).
