

So True

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Steve Mason (UK)
音樂: The Love Of A Woman - Diamond Jack



BACK, FORWARD, TOGETHER, FORWARD, BACK, BACK, FORWARD, TOGETHER, FORWARD, BACK

- 1-2& Rock step back on right foot, recover weight forward to left foot, close right foot behind left foot
- 3-4 Rock step left foot forward, recover weight back on to right foot in place
- 5-6& Rock step back on left foot, recover weight forward on to right foot, close left foot behind right foot
- 7-8 Rock step right foot forward, recover weight back on to left foot in place

The above 8 counts should be done using swaying hip motion on a slight diagonal.

FULL TURN DIRECTLY BACK, BACK, BACK, TOUCH, SKATE, LOCK STEP SHUFFLE, SKATE

- 9-10 Make ½ turn back to the right stepping on to right foot, make ½ turn back to the right stepping on to left foot
- &11-12 Small step back on right foot, small step back on left foot, cross touch right toe over left foot
- 13-14& Skate step right foot diagonally forward, step left foot diagonally left forward, lock step right foot behind left foot
- 15-16 Skate step left foot diagonally left forward, skate step right foot slightly diagonally right

1 & ¼ TURN LEFT, RONDE SWEEP, CROSS, BACK, SIDE, CROSS, SIDE

- 17-18 Step left foot to left side making ¼ turn left, make ½ turn left stepping on to right foot
- 19-20 Make ½ turn left stepping on to left foot, sweep right foot out to right side and across front of left foot
- 21-22& Cross step right foot over left foot, step back on left foot, step right foot to right side
- 23-24 Cross step left foot over right foot, step right foot to right side

BACK, CROSS, SIDE, CROSS, (CROSSING SHUFFLE), SIDE, ¼ RIGHT MONTEREY, ¾ LEFT MONTEREY

- 25-26& Cross step left foot behind right foot, cross step right foot over left foot, step left foot to left side
- 27-28 Cross step right foot over left foot, step left foot to left side
- 29-30 Touch right toes to right side, turn ¼ turn right on ball of left foot and step right foot beside left foot
- 31-32 Touch left toes to left side, turn ¾ turn left on ball of right foot stepping left foot beside right foot

REPEAT

RESTART

On 6th repetition you will be facing 3:00 wall, dance steps 1-28 then start again. Just omit the ¼ & ¾ Monterey turns, you will be facing the front 12:00 wall.

FINISH

Finish the dance facing 12:00 wall, dance steps 1-16 and add an extra left skate step to finish with the music

EASY OPTIONAL STEPS

- 9-10 Step back on right foot, step back on left foot
- 17-18 Step left foot to left side making ¼ turn left, make ½ turn left stepping on to right foot
- 19-20 Make ½ turn left stepping on to left foot, sweep right foot out to right side and across front of left foot

29-30 Touch right toes to right side, step right foot beside left foot

31-32 Touch left toes to left side, turn $\frac{1}{2}$ turn left on ball of right foot stepping left foot beside right foot

Special thanks to Catherine Wake for the inspiration of the choreography of "So True".
