

# So True

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Steve Mason (UK)  
音樂: The Love Of A Woman - Diamond Jack



## BACK, FORWARD, TOGETHER, FORWARD, BACK, BACK, FORWARD, TOGETHER, FORWARD, BACK

- 1-2&      Rock step back on right foot, recover weight forward to left foot, close right foot behind left foot
- 3-4      Rock step left foot forward, recover weight back on to right foot in place
- 5-6&      Rock step back on left foot, recover weight forward on to right foot, close left foot behind right foot
- 7-8      Rock step right foot forward, recover weight back on to left foot in place

The above 8 counts should be done using swaying hip motion on a slight diagonal.

## FULL TURN DIRECTLY BACK, BACK, BACK, TOUCH, SKATE, LOCK STEP SHUFFLE, SKATE

- 9-10      Make ½ turn back to the right stepping on to right foot, make ½ turn back to the right stepping on to left foot
- &11-12      Small step back on right foot, small step back on left foot, cross touch right toe over left foot
- 13-14&      Skate step right foot diagonally forward, step left foot diagonally left forward, lock step right foot behind left foot
- 15-16      Skate step left foot diagonally left forward, skate step right foot slightly diagonally right

## 1 & ¼ TURN LEFT, RONDE SWEEP, CROSS, BACK, SIDE, CROSS, SIDE

- 17-18      Step left foot to left side making ¼ turn left, make ½ turn left stepping on to right foot
- 19-20      Make ½ turn left stepping on to left foot, sweep right foot out to right side and across front of left foot
- 21-22&      Cross step right foot over left foot, step back on left foot, step right foot to right side
- 23-24      Cross step left foot over right foot, step right foot to right side

## BACK, CROSS, SIDE, CROSS, (CROSSING SHUFFLE), SIDE, ¼ RIGHT MONTEREY, ¾ LEFT MONTEREY

- 25-26&      Cross step left foot behind right foot, cross step right foot over left foot, step left foot to left side
- 27-28      Cross step right foot over left foot, step left foot to left side
- 29-30      Touch right toes to right side, turn ¼ turn right on ball of left foot and step right foot beside left foot
- 31-32      Touch left toes to left side, turn ¾ turn left on ball of right foot stepping left foot beside right foot

## REPEAT

## RESTART

On 6th repetition you will be facing 3:00 wall, dance steps 1-28 then start again. Just omit the ¼ & ¾ Monterey turns, you will be facing the front 12:00 wall.

## FINISH

Finish the dance facing 12:00 wall, dance steps 1-16 and add an extra left skate step to finish with the music

## EASY OPTIONAL STEPS

- 9-10      Step back on right foot, step back on left foot
- 17-18      Step left foot to left side making ¼ turn left, make ½ turn left stepping on to right foot
- 19-20      Make ½ turn left stepping on to left foot, sweep right foot out to right side and across front of left foot

29-30 Touch right toes to right side, step right foot beside left foot

31-32 Touch left toes to left side, turn  $\frac{1}{2}$  turn left on ball of right foot stepping left foot beside right foot

**Special thanks to Catherine Wake for the inspiration of the choreography of "So True".**

---