

# So Smooth

拍數: 32      牆數: 4      級數: Improver  
編舞者: Dawn Hood (UK) & Lois Lightfoot (UK)  
音樂: She's So Smooth - John Douglas



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## SIDE STEPS WITH HIP SWINGS

- 1-2            Step right foot to right side, hold for 1 beat
- 3-4            Swing hips to left, swing hips to right
- 5-6            Step left foot to left side, hold for 1 beat
- 7-8            Swing hips to right, swing hips to left

## RIGHT SAILOR, LEFT SAILOR, CROSS BEHIND UNWIND $\frac{3}{4}$ RIGHT

- 9&10            Right foot cross behind left foot, left foot step to left side, right foot step in place
- 11&12           Left foot cross behind right, right foot step to right side, left foot step in place
- 13-16           Right foot cross behind left, unwind  $\frac{3}{4}$  turn right taking 2 beats, hold for 1 beat

## DIAGONAL STEP FORWARD, SYNCOPATED DIAGONAL BACK STEPS

- 17-19           Left foot step diagonally forward with shoulder shimmies
- 20            Touch right foot beside left
- &21            Step diagonally back on right foot, step left foot beside right
- &22            Step diagonally back on right foot, step left foot beside right
- &23            Step diagonally back on right foot, step left foot beside right
- &24            Step diagonally back on right foot, touch left foot beside right

## LEFT STRUT, RIGHT STRUT, STEP APART, STEP TOGETHER

- 25-26           Step forward on left toe, drop left heel to floor
- 27-28           Step forward on right toe, drop right heel to floor
- &29            Step left foot to left side, step right foot to right side (feet shoulder width apart)
- 30            Click fingers at shoulder height
- &31            Step left foot to center, step right foot beside left
- 32            Click fingers at shoulder height

## REPEAT

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