

So Smooth

拍數: 32 牆數: 1 級數: Improver
編舞者: Michael J. Walmsley
音樂: Unknown



TOUCH HEEL, CROSS, KICK FORWARD PIVOT HALF TRIPLE HALF TURN, ROCK BACK, IN PLACE

- 1 Touch right heel forward
- 2 Hook right across in front of left
- 3-4 Kick right forward and pivot half turn right touching right toe back
- 5&6 Triple half turn right on left right left
- 7-8 Rock back on right, step left in place

STEP ¼ LEFT SIDE, LEFT SIDE, HALF, SAILOR STEP

- 9&10 Step right turning ¼ left, step left next to right, step right to right step
- 11-12 (Hands up like black coffee) step left, half turn left, hold
- 13-14 (Hands down by sides clicking fingers) step right, half turn left, hold
- 15&16 (Hands up clicking fingers) left sailor step with a ¼ turn left

KICK, KICK, SAILOR STEP, STEP IN PLACE, STEP, KICK BALL CHANGE

- 17 Kick right forward
- 18 Kick right to right side
- 19&20 Right sailor step
- 21&22 Step left diagonally back, step right in place, step left next to right (arms spread out from elbows on step 21)
- 23&24 Right kick ball change

TOUCH HEEL AND TOE TWICE, TOUCH HEEL AND STEP ROCK BACK, IN PLACE, TOUCH TOE

- 25-26& Touch right heel forward, right together and left toe back, step in place turning ¼ right
- 27&28 Touch right heel forward, right together and step left toe back, step in place turning ¼ right
- 29&30 Touch right heel forward, right together and step left in place
- 31&32 Step right back with left foot off the ground, step left in place, touch right toe next to left

REPEAT
