

So Sick

拍數: 32 牆數: 2 級數: Improver
編舞者: Sammy Jo (UK)
音樂: So Sick - Ne-Yo



SIDE HOLD, BEHIND, SIDE, CROSS TWICE (REPEAT)

1-2 Step left to left side, hold
3&4 Step right behind left, step left to left side, cross right over left
5-6 Step left to left side, hold
7&8 Step right behind left, step left to left side, cross right over left

SIDE ROCK, CROSS SHUFFLE, SIDE, TURN, CROSS SHUFFLE

1-2 Step left to left side, recover weight back onto right
3&4 Cross left over right, step right to right side, cross left over right
5-6 Step right to right side, turn ½ stepping left to left side turning over left side
7&8 Cross right over left, step left to left side, cross right over left

PRISSY WALKS (4 WALKS) CROSS, SIDE, BEHIND, SIDE, CROSS

1-2 Step left forward, step right forward
3-4 Step left forward, step right forward
5-6 Cross left over right, step right to right side
7&8 Step left behind right, step right to right side, cross left over right

SIDE ROCK, CROSS SHUFFLE, SWAY X4

1-2 Step right to right side, recover weight back onto left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Step left to left side, recover weight back onto right
7-8 Recover weight back onto left, recover weight back onto right

REPEAT
