

So Long

COPPER KNOB
BY STEPHEN HETS

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Phil Carpenter (UK)
音樂: Gonna Get Along Without You Now - Viola Wills



Sequence: AB, ABB, A(1-16), BB, A(1-16), BB

PART A

JUMP BACK, HIP BUMPS X 3, JUMP FORWARD, HIP BUMPS X3

&1 Jump back right, left (feet ending apart)
2-3-4 Bump hips left, right, left
&5 Jump forward right, left (feet ending apart)
6-7-8 Bump hips left, right, left

RIGHT ROCK FORWARD, RECOVER, ½ TRIPLE TURN RIGHT, LEFT ROCK FORWARD RECOVER, ½ TRIPLE TURN LEFT

9-10 Right rock forward, recover weight on left
11&12 ½ triple turn right, stepping right, left, right
13-14 Left rock forward, recover weight on right
15&16 ½ triple turn left, stepping left, right, left

&17-32 Repeat steps &1-16

PART B

RIGHT SIDE ROCK, RECOVER, RIGHT CROSSING SHUFFLE, LEFT SIDE ROCK, RECOVER, LEFT CROSSING SHUFFLE

1-2 Right step to right side, recover weight on left
3&4 Right cross over left, left step to left side, right cross over left
5-6 Left step to left side, recover weight on right
7&8 Left cross over right, right step to right side, left cross over right.

RIGHT STEP RIGHT SIDE, HINGE ½ TURN LEFT, RIGHT CROSSING SHUFFLE, LEFT SIDE ROCK, LEFT CROSS BEHIND RIGHT, RIGHT STEP FORWARD TURNING ¼ RIGHT, LEFT FORWARD

9-10 Right step side right, on ball of right swivel ½ turn right stepping left to left side
11&12 Right cross over left, left step to left side, right cross over left
13-14 Left step to left side, recover weight on right
15&16 Left cross behind right, right step forward turning ¼ left, left step forward.

RIGHT ROCK FORWARD, RECOVER, ½ SHUFFLE TURN RIGHT, FULL TURN RIGHT, RIGHT SHUFFLE FORWARD

17-18 Right rock forward, recover weight on left
19&20 ½ turn right stepping right forward, left step beside right, right step forward
21&22 Left step forward turning ½ turn right, right step back turning ½ turn right.
23&24 Left step forward, right step beside left, left step forward

For those who do not wish to do the turn on steps 21-22, replace with: walk forward left & right.

RIGHT STEP FORWARD, ½ PIVOT TURN LEFT, RIGHT SHUFFLE FORWARD, LEFT STEP FORWARD, ¾ PIVOT TURN RIGHT, LEFT CHASSE

25-26 Right step forward, ½ pivot turn left
27&28 Right step forward, left step beside right, right step forward
29-30 Left step forward, ¾ pivot turn right
31&32 Left step to left side, right step beside left, left step to left side

