

# So Lonely

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Hanne Lund (DK) & Bjarne Lund (DK)  
音樂: Lonely - Akon



## **TOUCH & STEP, TOUCH & STEP, MAMBO FORWARD, MAMBO BACK**

1&2      Touch right to right diagonal, push right up & step beside left  
3&4      Touch left to left diagonal, push left up & step beside right  
5&6      Step forward on right, step left in place, step right beside left  
7&8      Step back on left, step right in place, step left beside right

## **STEP, SLIDE, SHUFFLE, PADDLE TURN TWICE**

9-10      Step forward on right, slide left beside right  
11&12      Step forward on right, step left beside right, step forward on right  
13-14      Step forward on ball of left, paddle  $\frac{1}{4}$  turn right  
15-16      Step forward on ball of left, paddle  $\frac{1}{4}$  turn right

## **SHUFFLE, MAMBO CROSS, ROCK, TOUCH, UNWIND**

17&18      Step forward on left, step right beside left, step forward on right  
19&20      Rock right to right side, recover on to left, cross step right over left  
21-22      Rock left to left side, recover on to right  
23-24      Touch left behind right, unwind  $\frac{3}{4}$  turn left

## **DIAGONAL LOCK STEPS, SIDE, TOGETHER, MONTEREY TURN, TOGETHER**

25&26      Step right to right diagonal, lock step left behind right, step right to right diagonal  
27&28      Step left to left diagonal, lock step right behind left, step left to left diagonal  
29-30      Step right to right side, step left beside right  
31&32&      Point right toe to right side, turn  $\frac{1}{2}$  right stepping right beside left, point left toe to left side, step left beside right

## **REPEAT**

To "show off", start dance with your back to the audience, then you will finish facing the audience, doing the Monterey turn

---