

# So Lonely

拍數: 32      牆數: 4      級數: Intermediate cha cha  
編舞者: Annette Latimer (UK)  
音樂: Lonely - Akon



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## SIDE ROCK SWEEP, RIGHT SAILOR, CROSS, SIDE, SAILOR ¼ TURN RIGHT, STEP FORWARD

1-2-3      Step left to left side, rock right over left, replace weight back onto left, sweep right from front to back  
4&5      Step right behind left, step left to left side, step right to right side  
6-7      Step left across right, step right to right side  
8&1      Step left behind right, step right ¼ turn right, step left forward

## ROCK RECOVER TRIPLE ½ TURN RIGHT, LEFT TRIPLE FORWARD, PIVOT ¼ TURN LEFT

2-3      Rock forward onto right foot, recover weight back to left  
4&5      Step right ¼ turn right, bring left beside right, step right ¼ turn right  
6&7      Step left forward, bring right beside left, step left forward  
8-1      Step forward on right pivot ¼ turn left, replace weight onto left

## BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE ¼ TURN RIGHT, LEFT FORWARD, PIVOT ½ LEFT

2&3      Step right behind left, step left to left side, step right across left  
4-5      Rock left to left side, replace weight onto right  
6&7      Step left behind right, step right ¼ turn right, step left forward  
8&1      Step right forward, pivot ½ turn left, step right forward

## LEFT TRIPLE FORWARD, FULL TRIPLE TURN LEFT, FULL TRIPLE TURN RIGHT, STEP FORWARD LEFT

2&3      Step left forward, bring right beside left, step left forward  
4&5      Make ½ turn left stepping back on right, make ½ turn left stepping forward on left, step forward right  
6&7      Make ½ turn right stepping back on left, make ½ turn right stepping forward on right, step forward left  
8      Step forward on right

**REPEAT**

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