

So Good

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Annette Phillips
音樂: It Feels so Good - Sonique



SYNCOPATED RIGHT VINE WITH HIP BUMPS TWICE

1-2 Step right to right, cross left behind right
&3 Step right to right side, cross left over right
&4 Step right to right side, step left to left side
5&6 Bump hips left, right left
7&8 Bump hips right, left, right
9-16 Repeat first 8 counts leading with the left

PIVOT ½, TRIPLE STEP, TOE TOUCH BACK ½ TURN SHUFFLE

17-18 Step forward right, pivot ½ turn left, step forward left
19&20 Triple ½ turn stepping right, left, right
21-22 Touch left toe back, on ball of right pivot ½ left (no weight)
23&24 Step forward left, close right next to left, step forward left

MONTEREY ½ RIGHT, MONTEREY ¾ LEFT WITH KNEE POP

25-26 Touch right toe to right side, on ball of left turn ½ right
27-28 Touch left toe to left side, touch left next to right, (no weight,)
29-30 Touch left toe to left side, on ball of right turn ¾ left
31-32 Touch right toe to right side, pop right knee

4 KNEE POPS

33-34 Straighten right leg, pop left knee, straighten left leg, pop right knee
35-36 (Repeat counts 33-34 twice)

SIDE SHUFFLES WITH HEEL GRINDS

37&38 Step right to right side, close left next to right, step right to side
39-40 Grind left heel forward, rock back right
41&42 Step left to left side, close right next to left, step left to left side
43-44 Grind left heel forward, rock back left

STEP SLIDE RIGHT & LEFT DIAGONALLY WITH APPLEJACKS

45-46 Step right diagonally forward, slide left next to right
&47 Swivel right heel & left toe to left, swivel both heel & toes back to center
&48 Swivel left heel & right toe to right, swivel both heels & toe back to center
49-50 (Repeat counts 45-46 leading with the left)
51-52 (Repeat counts &47&48)

4 SAILOR STEPS TRAVELING FORWARD

53&54 Cross right behind left, step left to left side, step right in place
55&56 Cross left behind right, step right to right side, step left in place
57&58 Cross right behind left, step left to left side, step right in place
59&60 Cross left behind right, step right to right side, step left in place

MASHED POTATO'S TRAVELING BACKWARDS

&61 On balls of feet swivel both heels out & in
&62 Swivel right heel behind left foot, swivel left heel in front of right

&63 Swivel left heel behind right foot, swivel right heel in front of left
&64 Swivel right heel behind left foot, swivel left heel in front of right

REPEAT
