

# So Damn Much

拍數: 96      牆數: 2      級數: Intermediate waltz  
編舞者: Frida Axelsson (SWE)  
音樂: How Did We Change - Erik Segerstedt



## SWEEP AND CROSS RIGHT OVER LEFT UNWIND FULL TURN LEFT

1-2      Sweep right from side to front  
3      Cross right over left  
4-5-6      Unwind a full turn left

## SWEEP LEFT CROSS BEHIND RIGHT FULL TURN LEFT, SWEEP

1-2      Sweep left from side to back  
3      Cross left behind right  
4-5      Unwind a full turn left  
6      Sweep left from side to back

## BASIC BACK, RIGHT TWINKLE

1-2-3      Step left back, step right together, step left in place  
4-5-6      Step right forward and across, step left together, step right diagonally forward

## LEFT TWINKLE, SLIDE ¼ TURN LEFT

1-2-3      Step left forward and across, step right together, step left diagonally forward  
4-5      Turn ¼ left and slide right to side  
6      Slide/touch left together

## SLIDE, SLIDE

1-2      Slide left to side  
3      Slide right together  
4-5      Slide right to side  
6      Slide left together

## ¼ TURN LEFT, BASIC FORWARD TWICE

1-2-3      Turn ¼ left and step left forward, step right together, step left in place  
4-5-6      Step right forward, step left together, step right in place

## ROCK LEFT FORWARD, RECOVER AND SLIDE

1-2-3      Rock left forward  
4      Recover onto right  
5-6      Slide left together

## BASIC BACK, COASTER ¼ TURN RIGHT

1-2-3      Step left back, step right together, step left in place  
4-5-6      Step right back, step left together, turn ¼ right and step right forward

## FULL TURN RIGHT TWICE

1      Turn ¼ right and step left to side  
2      Turn ½ right and step right back  
3      Turn ¼ right and step left forward  
4      Turn ¼ right and step left to side  
5      Turn ½ right and step right back  
6      Turn ¼ right and step left forward

### **ROCK LEFT SIDE LEFT, RECOVER**

1-2-3            Rock left to side  
4-5-6            Recover onto right

### **EXTENDED WEAVE RIGHT**

1-2-3            Cross left behind right, step right to side, cross left over right  
4-5-6            Step right to side, cross left behind right, step right to side

### **CROSS ROCK LEFT, RECOVER**

1-2-3            Cross/rock left over right  
4-5-6            Recover onto right

### **¼ TURN LEFT, BASIC FORWARD ½ TURN LEFT, BASIC BACK**

1                Turn ¼ left and step left forward  
2                Turn ½ left and step right together  
3                Step left in place  
4-5-6          Step right back, step left together, step right in place

### **STEP LEFT BACK, KICK RIGHT FORWARD**

1-2-3            Step left back  
4-5-6            Kick right forward

### **BASIC FORWARD ½ TURN RIGHT, BASIC BACK**

1                Step right forward  
2                Turn ½ right and step left together  
3                Step right in place  
4-5-6          Step left back, step right together, step left in place

### **ROCK RIGHT BACK, POINT LEFT FORWARD, RECOVER**

1-2              Rock right back  
3                Touch left forward  
4-5-6          Step left in place

### **REPEAT**

### **RESTART**

After wall 2, do the first 6 counts twice, and then start again

If you don't want to turn just do basic steps forward-back-forward-back and start the dance again

### **RESTART**

On wall 5, section 13, do the first 3 counts, then rock right back, recover and start again from the beginning

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