

So Confused

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Sue Cee (UK)
音樂: Out of Reach - Gabrielle



Sequence: A B A B A B B B

SECTION A

CROSS ROCK, RECOVER, SIDE SHUFFLE TWICE

1-2 Cross rock right over left, recover weight on left
3&4 Shuffle to right side stepping right, left, right
5-6 Cross rock left over right, recover weight on right
7&8 Shuffle to left side stepping left, right, left

CROSS, UNWIND ½ TURN, SHUFFLE FORWARD, FORWARD MAMBO STEP, SIDE MAMBO STEP

9-10 Cross right over left, unwind ½ turn left
11&12 Shuffle forward stepping right, left, right
13&14 Rock forward on left, rock back on right, step left beside right
15&16 Rock to right side on right, rock onto left in place, step right beside left

CROSS ROCK, RECOVER, SIDE SHUFFLE TWICE

17-18 Cross rock left over right, recover weight on right
19&20 Shuffle to left side stepping left, right, left
21-22 Cross rock right over left, recover weight on left
21&24 Shuffle to right side stepping right, left, right

CROSS, UNWIND ½ TURN, SHUFFLE FORWARD, FORWARD MAMBO STEP, SIDE MAMBO STEP

25-26 Cross left over right, unwind ½ turn right.
27&28 Shuffle forward stepping left, right, left
29&30 Rock forward on right, rock back on left, step right beside left
31&32 Rock to left side on left, rock onto right in place, step left beside right

SIDE, BEHIND, SIDE SHUFFLE, DOUBLE ROCK

33-34 Step right to right side, cross left behind right
35-36 Shuffle to right side stepping right, left, right
37-38 Cross rock left over right, recover weight onto right
39-40 Cross rock left over right, recover weight onto right

SIDE, BEHIND, SIDE SHUFFLE, DOUBLE ROCK

41-42 Step left to left side, cross right behind left
43-44 Shuffle to left side stepping left, right, left
45-46 Cross rock right over left, recover weight onto left
47-48 Cross rock right over left, recover weight onto left

¼ TURN, ½ TURN, ½ TURN SHUFFLE, ROCK, RECOVER, SHUFFLE FORWARD

49-50 Step right ¼ turn right, on ball of right pivot ½ turn right stepping back left
51&52 On ball of left pivot ½ turn right and shuffle forward right, left, right
53-54 Rock forward on left, rock back onto right
55-56 Shuffle forward left, right, left

ROCK, RECOVER, SHUFFLE BACK, COASTER STEP, PIVOT ½ TURN

57-58 Rock forward on right, rock back onto left

59&60 Shuffle back right, left, right
61&62 Step back left, step right beside left, step forward left
63-64 Step forward right, pivot ½ turn left

SECTION B

FULL TURN, SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE FORWARD

1-2 On ball left pivot ½ turn left stepping back right, on ball of right pivot ½ turn left stepping forward left
3&4 Shuffle forward right, left, right
5-6 Rock forward on left, rock back onto right
7&8 Shuffle forward left, right, left

ROCK, RECOVER, SHUFFLE BACK, COASTER STEP, PIVOT ½ TURN

9-10 Rock forward on right, rock back onto left
11&12 Shuffle back right, left, right
13&14 Step back left, step right beside left, step forward left
15-16 Step forward right, pivot ½ turn left
