

# So Addictive

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate/Advanced  
編舞者: Scott Blevins (USA)  
音樂: 4 My People (Edited Version) - Missy Elliot



1&2      Kick right foot forward, lift right knee, step right foot forward

**Using contra-body motion for style**

3&4      Kick left foot forward, lift left knee, step left foot forward

**Using contra-body motion for style**

5-6      Step right foot forward, make  $\frac{1}{2}$  turn left on right while lifting left knee

7&8&      Make  $\frac{1}{4}$  turn left and step left foot forward, make  $\frac{1}{4}$  left and step right foot back, step left foot next to right, step back on right foot

1&2      Touch left heel forward, step left foot center, making  $\frac{1}{4}$  turn left step right foot to right side

3&4      (C bump) bump hips upward and right, bump hips left, bump hips right and downward

&5      Step left foot next to right foot, step right foot across and in front of left foot

6-7      Rock side left on left foot, recover to right foot

8&1      Cross left foot in front of right foot tripling side right

2-3      Rock side right on right foot, recover to left foot

4      Make  $\frac{1}{2}$  turn right on left foot and step right foot to right side

&5      Step left foot next to right foot, step right foot across and in front of left foot

6-7      Jazz walk forward left, jazz walk forward right

8      Make  $\frac{3}{4}$  turn right on right foot lifting left knee up and pushing hips back

&1-2      Step back on left foot, step right next to left foot, step left foot forward

3&4      Making  $\frac{1}{4}$  turn left, triple side right (right, left, right)

5-6      In the style of a "Shorty George" step forward left, step forward right

7&8      Rock forward left, recover onto right foot, step left foot next to right foot

**REPEAT**

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