

Snippets

拍數: 32 牆數: 4 級數: Improver straight rhythm
編舞者: Mary-Beth Arnett (USA)
音樂: All Day Long - Trent Willmon



DIAGONALLY FORWARD AND TO THE RIGHT- STEP, TOGETHER, STEP, TOUCH, REPEAT TO THE LEFT

- 1 Step forward and at a diagonal with right
- 2 Step left beside right
- 3 Step right forward and at a diagonal
- 4 Touch left beside right
- 5 Step forward and at a diagonal with left
- 6 Step right beside left
- 7 Step left forward and at a diagonal
- 8 Touch right beside left

DIAGONALLY BACK AND TO THE RIGHT- STEP, TOGETHER, STEP, TOUCH, ROCK BACK, RECOVER, STEP FORWARD, PIVOT ½ TO THE RIGHT

- 1 Step back and at a diagonal with right
- 2 Step left beside right
- 3 Step right back and at a diagonal
- 4 Touch left beside right
- 5 Rock back on left
- 6 Recover forward on right
- 7 Step forward on left
- 8 Come up on toes and pivot ½ towards the right

LEFT VINE, RIGHT VINE WITH ¼ TURN (THIS WILL BE THE WALL THAT YOU START ON NEXT)

- 1 Step left to side
- 2 Cross right behind left
- 3 Step left to side
- 4 Touch right beside left
- 5 Step right to side
- 6 Cross left behind right
- 7 Step right to side while turning ¼ to right
- 8 Touch left beside right

SIDE, BEHIND, STEP TO SIDE WITH ¼ TURN, STEP FORWARD, PIVOT ½ TO LEFT, STEP FORWARD, PIVOT ¼ TO LEFT, TOUCH AND CLAP

- 1 Step left to side
- 2 Step right behind left
- 3 Step left to side turning ¼ to left
- 4 Step forward on right
- 5 Come up on toes and pivot ½ to left
- 6 Step forward on right
- 7 Come up on toes and pivot ¼ to left
- 8 Touch right beside left and clap

REPEAT