

The Snake

拍數: 0 牆數: 2 級數: Intermediate/Advanced
編舞者: Simon Ward (AUS)
音樂: Here Comes the Snake - Cherry Poppin' Daddies



Sequence: AABBA, Restart, ABBA

PART A

- 1-2& Step right forward, lock/step left behind, step right slightly forward
3-4 Step left forward, pivot ½ turn right taking weight onto right foot
5-6& Step left forward, lock/step right behind, step left slightly forward
7-8 Step right forward, pivot ½ turn left taking weight onto left foot (12:00)
- 1&2 Step right forward, step ball of left forward, quick pivot ¼ turn right taking weight onto right 3:00
3-4 Cross/step left over right, point right toe to right side
5&6 Step right behind left, step left slightly left, step right in place (sailor step)
7&8 Step left behind right starting to turn a ¾ turn left, step in place right, left completing turn (6:00)

Restart from here the third time through Part A

- 1-2& Rock/step right forward, rock/step left back in place, step right next to left
3-4& Rock/step left forward, rock/step right back in place, step left next to right
5-6 Rock/step right forward, rock/step left back in place turning ½ turn right
7&8 Shuffle forward right, left, right (12:00)
- 1 Kick left leg out slightly at 45 degrees left
&2 Cross/step left over right, step right back at 45 degrees right
&3 Step left back at 45 degrees left, cross/step right over left
4&5& Step left slightly back, step right next to left, step left slightly forward, step right next to left
6& Step left slightly back, step right forward
7-8 Step left forward, slide right forward towards left and touch beside left (12:00)
- 1-2 Step right forward at 45 degrees right, slide left towards left and touch beside right
3&4 Shuffle slightly at 45 degrees left (left, right, left)
5-6 Step right forward at 45 degrees right, slide left towards left and touch beside right
7&8 Shuffle slightly at 45 degrees left (left, right, left) (12:00)
- 1-2 Rock/step right forward, rock/step left back in place turning ½ turn right (6:00)
3&4 Shuffle forward right, left, right
5-6 Rock/step left forward, rock/step right back
7-8& Step left back, step right slightly back, step left next to right

PART B

- 1-8 Step out right, left (feet apart), put your arms up and twinkle fingers with your hands and arms going out and down your side
- 1-3 Hold, step right to right side, slide left foot to meet right throwing left hand up & out on slide
4-5 Rock/step left behind right, rock/step right forward in place
6&7 Shuffle to left side left, right, left turning a ¼ turn left (9:00)
8-1 Step right forward, pivot ¾ turn left taking weight onto left (12:00)

2-3 Step right to right side, slide left foot to meet right throwing left hand up & out on slide
4-5 Rock/step left behind right, rock/step right forward in place
6& Step left to left side, hold
7&8& Shimmy shoulders in time with music turning a $\frac{1}{4}$ turn right (weight on left) (3:00)

1-3 Hold, step right to right side, slide left foot to meet right throwing left hand up & out on slide
4-5 Rock/step left behind right, rock/step right forward in place
6&7 Shuffle to left side left, right, left turning a $\frac{1}{4}$ turn left (12:00)
8-1 Step right forward, pivot $\frac{1}{2}$ turn left taking weight forward onto left (6:00)

2-3 Point right toe to right side, cross/step right slightly forward over left
4-5 Point left toe to left side, step left slightly forward
6-7 Step right forward, step left forward
8-1 Pivot $\frac{1}{2}$ turn right taking weight onto right, step left forward (12:00)

2-3 Step right to right side, slide left foot to meet right throwing left hand up & out on slide
4-5 Rock/step left behind right, rock/step right forward in place
6&7 Shuffle to left side left, right, left turning a $\frac{1}{4}$ turn left
8-1 Step right forward, pivot $\frac{3}{4}$ turn left taking weight onto left

2-3 Step right to right side, slide left foot to meet right throwing left hand up & out on slide
4-5 Rock/step left behind right, rock/step right forward in place
6& Step left to left side, hold
7&8& Shimmy shoulders in time with music turning a $\frac{1}{4}$ turn right (weight on left)

1-3 Hold, step right to right side, slide left foot to meet right throwing left hand up & out on slide
4-5 Rock/step left behind right, rock/step right forward in place
6&7 Shuffle to left side left, right, left turning a $\frac{1}{4}$ turn left
8-1 Step right forward, pivot $\frac{1}{2}$ turn left taking weight forward onto left

2-3 Point right toe to right side, cross/step right slightly forward over left
4-5 Point left toe to left side, step left slightly forward
6-7 Step right forward, step left forward
8& Pivot $\frac{1}{2}$ turn right taking weight onto right, step left forward
