Smooth Santana



拍數: 0 牆數: 4 級數: Intermediate

編舞者: Lou Ann Schemmel (USA)

音樂: Smooth (feat. Rob Thomas) - Santana



Sequence: AAA, 8 Count tag, A, 16 Count tag, AAA, 8 Count tag, A, 4 Count tag, AA, 8 Count tag, AAAA

PART A	
1-2	Right toe strut forward (right toe, drop heel)
3-4	Full right turn forward stepping left, right
5-6	Left toe strut forward
7-8	Right sailor step
1-2	Step left forward and pivot ¼ turn to right, ending with weight right
3-4	Step left forward; pivot ½ right on ball of left while hooking right over left (weight. Forward on ball)
5-6&	Right wizard step (right forward, lock left behind right, step right forward)
7-8&	Left wizard step (left forward, lock right behind left, step left forward)
1-2	Step right forward; step left into ¼ turn left
3-4	Step right forward, hold
&5-6	Pivot on ball of right ½ turn right; step back on left; hold (count 6)
7	Step right back slightly and sway back over right hip
8	Sway forward to left foot (which is still in place)
1	Skate forward on right foot on right diagonal (long step)
2-3	Hold (drag left toe slightly towards right foot)
4	Skate forward on left foot on left diagonal (small step)
5	Skate forward on right foot on right diagonal (small step)
6-8	Place weight evenly on both feet; bounce heels three times and lean back slightly while turning ¼ left (shift weight forward to left foot on count 8).
Ontional arms:	hands out in front at waist level, halms down; hounce hands slightly up and down with heal

Optional arms: hands out in front at waist level, palms down: bounce hands slightly up and down with heel bounces.

8 COUNT TAG

Sweep right toe: from right side to front of left toe, back to right side, to behind left heel, then back to right side. (weight remains left)

5-8 Shimmy down & up (or: rock right forward, return to left; rock right back, return to left.)

The 8 count tag (ronde with shimmy) occurs on the 3:00 wall the first two times (just prior to beginning the fourth and eight repetitions), then on the 6:00 wall the final time (during the last instrumental section)

16 COUNT TAG

Once only, facing 12:00 wall, after 4th repetition

1-4 5-8	Grapevine right; end with left toe touch next to right foot on count 4 Repeat grapevine, this time to left; end with right toe touch next to left
1-4	Right triple to right, rock back on left, return to right

Left triple to left, rock back on right, return to left

4 COUNT TAG

5-8

Once only, facing 12:00 wall, after 8th repetition

1-4 Sway hips right, left, right, left (or double hip roll to the left, ending weight left)

e 16 and 4 count to ould make them ea	ags both occur facing asier to remember	j the 12:00 wall (a	itter 4 patterns and	again after 8 patte	erns) whic