

# Smooth Sailin'

拍數: 32      牆數: 4      級數: Improver  
編舞者: Bob Reid (USA)  
音樂: Smooth Sailin' - T.G. Sheppard



## WALK, WALK, CROSS ROCK, STEP, TURN ¼, SIDE SHUFFLE

1-2      Step forward right, step forward left  
3&4      Cross right over left, recover onto left, step side right  
5-6      Cross left over right, step right to right with ¼ turn left  
7&8      Step side left, together right, side left

## CROSS ROCK, CROSS ROCK, TURN ¾, STEP, TOUCH

1&2      Cross right over left, recover onto left, step side right  
3&4      Cross left over right, recover onto right, step side left  
5&6      Turn ¾ left as you shuffle right, left, right  
7-8      Step back on left, touch right toe forward

## WALK, WALK, TURNING JAZZ BOX, CROSS, SIDE, HEEL, TOE, TOUCH

1-2      Step forward right, step forward left  
3&4      Cross right over left, step left to left with ¼ turn right, step right to side  
5-6      Cross left over right, side right  
7&8      Left heel to right, left toe to right, touch left toe beside right

## COASTER STEP, SHUFFLE TURN ½, ROCK, RECOVER, KICK BALL TOUCH

1&2      Step back left, together right, forward left  
3&4      Make ½ turn left while shuffling forward, right, left, right  
5-6      Rock back left, recover on right  
7&8      Kick left foot forward, step left next to right, touch right toe next to left

## REPEAT

## TAG

The first tag occurs after the first rotation, facing the 9:00 wall, and the second tag after the 6th rotation, facing the 6:00 wall

1-2-3-4      Step forward right, pivot ½ left, step forward right, pivot ½ left