Smooth Moves (P)



拍數: 32 牆數: 0 級數: Partner 編舞者: John Whipple (USA) & Phyllis Cannon Whipple (USA)

音樂: Faded - Soul Decision



Begin facing forward diagonal wall (1:30), with weight on the left foot

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1-2	Walk, walk (right, left)
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Forward triple step (right, left, right) 3&4

5-6 Walk forward(right), pivoting to left, step back on left (rotating to left)

MAN: Triple step while rotating to forward line of dance 7&8

LADY: Turn while triple stepping, finishing turn toward line of dance

JAZZ BOX, SIDE TRIPLE, STEP, TOUCH

1	Cross over with right foot
2	Step side with left
3	Step side with right
4	Cross left foot over right
5&6	Side triple step moving toward rear line of dance (facing to wall) (right, left, right)
7	Step back diagonally with left foot

COASTER STEP, ½ CIRCLE, WALKS, TRIPLE

1&2	Step back with right, together with left and forward right (coaster step)
3&4	MAN: Step forward to diagonal, continue circling to right stepping toward the wall, continue to
	circle stepping toward rear diagonal center (rotating frame to place the lady on your left side)
	LADY: Step forward to diagonal, continue circling to the right stepping forward with left, rotate
	to the right and step forward toward forward-diagonal-center

5-6 MAN: Step in place with right, step forward with left

Touch ball of right foot in front of left

LADY: Step with right foot forward and towards the right, step forward with left

7&8 Forward triple step

WALKS, TRIPLE STEP, WALKS, HIP BUMPS

1-2	MAN: Rotate off right foot to the right, take a small side step with the left foot, continue to
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rotate stepping toward LOD with left

LADY: Take two walking steps (right, left)

3&4 Forward triple step

MAN: Walk forward turning the lady to the left, take a side step with left foot to face the wall 5-6

LADY: Turn off the left foot to the left, take a side step with right and continue to rotate, finish

with a side step with left to face the wall

7-8 Hip bumps (right, left)

REPEAT

8