

Smooth Moves

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Ragtop Cadillac - Lonestar



STEP, STEP TOGETHER FOUR TIMES AT 45 DEGREE ANGLE RIGHT, TOUCH

Hips can be added to the first 16 counts for effect

- 1 Step right foot forward at 45 degree angle right
- 2 Step left foot to right foot
- 3-4 Repeat 1-2
- 5-6 Repeat 1-2
- 7 Step right foot forward on 45 degree angle right
- 8 Touch left toe beside right foot

STEP, STEP TOGETHER FOUR TIMES AT 45 DEGREE ANGLE LEFT, TOUCH

- 9 Step left foot forward at 45 degree angle left
- 10 Step right foot to left foot
- 11-12 Repeat 9-10
- 13-14 Repeat 9-10
- 15 Step left foot forward on 45 degree angle left
- 16 Touch right toe beside left foot

KICK, KICK, ROCK STEP TWICE

- 17-18 Kick right foot forward twice
- 19 Rock back on right foot
- 20 Rock forward on left foot
- 21-22 Kick right foot forward twice
- 23 Rock back on right foot
- 24 Rock forward on left foot

RIGHT STEP FORWARD, ½ TURN LEFT, STOMP RIGHT, LEFT, RIGHT, LEFT

- 25-26 Step right foot forward (2 beats)
- 27-28 Pivot ½ left (2 beats-weight on left foot)
- 29-32 Stomp forward right, left, right, left

REPEAT-KICK, KICK, ROCK STEP TWICE, RIGHT STEP FORWARD, ½ TURN LEFT, STOMP RIGHT, LEFT, RIGHT, LEFT

- 33-40 Repeat counts 17-32

8 COUNT RIGHT VINE WITH ¼ TURN RIGHT, TOUCH

- 41-48 Right foot to right side, left foot cross behind right, right foot to right side, left foot cross in front of right, right foot to right side, left foot cross behind right, step right foot into ¼ turn right, touch left beside right

8 COUNT LEFT VINE WITH ¼ TURN RIGHT, TOUCH

- 49-56 Left foot to left side, right foot cross behind left, left foot to left side, right foot cross in front of left, left foot to left side, right foot cross behind left, step left foot into ¼ turn right, touch right beside left

KNEES-IN STRUTS

- 57-58 With right knee in step forward on right toe, drop right heel
- 59-60 With left knee in step forward on left toe, drop left heel

WIGGLE WALK

- 61 Step forward with right foot (right knee in)
- 62 Step forward with left foot (left knee in)
- 63 Step forward with right foot (right knee in)
- 64 Step forward with left foot (left knee in)

REPEAT
