

Smooth Kick

拍數: 28 牆數: 4 級數: Improver
編舞者: Michel Cabana (CAN)
音樂: Entre Mis Recuerdos - Chayanne



CHASSE LEFT, CROSS ROCK, RECOVER WITH A SWEEP AROUND, BEHIND & CROSS, ROCK LEFT, RECOVER

1&2 Step left to the left, step right beside left, step left to the left
3-4 Cross rock right over left, recover on the left as you sweep the right around
5&6 Cross right behind left, step left to the left, cross right over left
7-8 Step left to the left, recover on the right

CROSS SHUFFLE, ¼ TURN LEFT, FORWARD LOCK STEP, STEP, KICK

1&2 Cross left over right, step right to the right, cross left over right
3-4 Pivot ¼ turn left as you step back on the right, pivot ½ turn left as you step forward on the left
5&6 Step forward on the right, cross left behind right, step forward on the right
7-8 Step forward on the left, slow kick forward with the right

BACK LOCK STEP, ROCK BACK, RECOVER, MILITARY TURN, FORWARD LOCK STEP

1&2 Step back on the right, cross left over right, step back on the right
3-4 Step back on the left, recover on the right
5-6 Step forward on the left, pivot ½ turn right (weight ending on the right)
7&8 Step forward on the left, cross right behind left, step forward on the left

ROCK SIDE, RECOVER, ½ TURN SAILOR CROSS

1-2 Step right to the right, recover on the left
3&4 Pivot ½ turn right as you step back on the right, step left beside right, cross right over left

REPEAT

ENDING

After the 10th wall during the second set of 8 counts, instead of doing ¼ turn left for counts 3-4, do ¼ turn, ¼ turn to end up facing the front; the dance ends with the slow kick
