

# Smooth Groove

COPPER KNOB  
BY STEPHEN

拍數: 48      牆數: 4      級數: Intermediate/Advanced  
編舞者: Debbie Small (USA)  
音樂: Smooth (feat. Rob Thomas) - Santana



## SIDE SHUFFLE, ROCK-STEP

1&2      Step right-foot to side right; (&) step left-foot next to right-foot; (2) step right-foot to side right  
3-4      Cross-rock left-foot across right-foot; step right-foot in place

## SIDE SHUFFLE, STEP, PIVOT/ HOOK

5&6      Step left-foot to side left; (&) step right-foot next to left-foot; (6) step left-foot to side left  
7-8      Step right-foot forward (weight on right-foot); (8) pivot ½ left as you hook left-foot across right shin (6:00)

## STEP-LOCK-STEPS FORWARD, STOMP, SWEEP, TURN, KICK

1&2      Step left-foot forward; (&) step right-foot behind left-foot (right toe to left of left heel); (2) step left-foot forward  
3&4      Step right-foot forward; (&) step left-foot behind right-foot (left toe to right of right heel); (4) step right-foot forward  
5-6      Stomp left-foot slightly forward of right-foot; (6) sweep right-foot forward in front of left toe  
7-8      On ball of left-foot, sweep right-foot ½ turn right (12:00); (8)kick right-foot forward

## STEP-LOCK-STEP; ROCK-STEP, CROSS, ROCK-STEP, CROSS

1&2      Right-foot step forward; (&) left-foot step behind right-foot (left-toe to right of right-heel); (2) right-foot step forward  
3&4      Left-foot rock side left; (&) right-foot step in place; (4) left-foot cross step across right-foot  
5&6      Right-foot rock side right; (&) left-foot step in place; (6) right-foot cross step across left-foot  
7-8      Touch left-toe forward diagonal left; (8) flick left-foot back diagonal left

## CROSS OVER, SIDE, CROSS OVER, SIDE, CROSS BEHIND, SIDE, CROSS OVER; CROSS, UNWIND, BODY ROLL

1&2      Cross left-foot over right-foot; (&) step right-foot side right; (2) cross left-foot over right-foot  
&3&      (&) Step right-foot side right ; (3) cross left-foot behind right-foot; (&) step right-foot side right  
4      Step left-foot across right-foot  
5-6      Step right-foot across left-foot; (6) unwind ¾ left (weight on both feet) (3:00)  
7-8      Bending both knees, unroll body upward (end with weight on left foot)

## TAP, SIDE, TOGETHER (3X); BUMP LEFT, RIGHT, LEFT

1&2      Tap right-foot next to left-foot; (&) step right-foot side right; step left-foot next to right-foot  
3&4      Tap right-foot next to left-foot; (&) step right-foot side right; step left-foot next to right-foot  
5&6      Tap right-foot next to left-foot; (&) step right-foot side right; step left-foot next to right-foot  
7&8      Bump hips left, right, left

## STEP, PIVOT, SWIVELS (2X)

1-2      Right-foot step forward, (2) pivot ¼ left on balls of both feet (toes pointing left) (12:00)  
3-4      Right-foot step forward swivel (toes pointing right); (4) left-foot step forward swivel (toes pointing left)  
5-6      Right-foot step forward, (2) pivot ¼ left on balls of both feet (toes pointing left) (9:00)  
7-8      Right-foot step forward swivel (toes pointing right); (4) left-foot step forward swivel (toes pointing left)

## REPEAT

After the 6th wall, repeat swivel steps right, left, right, left (#43-44, 43-44) for the 4-count tag; continue from beginning.

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