

Smooth Existence

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Frida Axelsson (SWE)
音樂: För Att Du Finns - Sonja Alden



ROCK, RECOVER, COASTER STEP, FULL TURN RIGHT, ANCHOR STEP

&1 Rock right foot forward
2 Recover to left foot
3 Step right foot back
& Step left foot next to right foot
4 Step right foot forward
5 Step left foot forward, turn ½ right
6 Step right foot back, turn ½ right
7 Step left foot forward
8 Cross right foot behind left foot
& Recover weight on left foot
1 Step right foot back

FULL TURN LEFT TWICE, SWEEP, SAILOR STEP, ANCHOR STEP, COASTER STEP

& Step left foot back, turn ½ left
2 Step right foot forward, turn ½ left
& Step left foot back, turn ½ left
3 Step right foot forward, turn ½ left
4 Sweep left foot side left, turn 1/8 left
& Step right foot beside left foot
5 Step left foot forward
& Step right foot side right
6 Cross left foot behind right foot
& Recover weight on right foot
7 Step left foot back, turn 1/8 right
8 Step right foot back
& Step left foot beside left foot
1 Step right foot forward

STEP, TURN ¼ RIGHT, RECOVER, ROCK, CROSS, SIDE STEP, COASTER STEP TURN ¼ LEFT

2 Step left foot forward and turn ¼ right
3 Recover weight on right foot
4 Rock left foot side left
& Recover to right foot
5 Cross left foot over right foot
6 Step right foot side right
7 Step left foot back, turn ¼ left
& Step right foot beside left foot
8 Step left foot forward

SLOW ROCKING CHAIR, 1 ½ TURN RIGHT, STEP, POINT, STEP

1 Rock right foot forward
2 Recover to left foot
3 Rock right foot back
4 Recover to left foot
5 Step right foot forward, turn ¼ right

& Step left foot side left, turn $\frac{1}{4}$ right
6 Step right foot back, turn $\frac{1}{2}$ right
& Step left foot forward, turn $\frac{1}{2}$ right
7 Step right foot in place
8 Point left foot forward
& Step left foot in place

REPEAT
