

Smooth Cha Cha

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Barry Porter (UK) & Paul Hulatt (UK)
音樂: Smooth (feat. Rob Thomas) - Santana



SIDE, TOUCH BACK, REVERSE PIVOT, LEFT LOCKING SHUFFLE, TOUCH, KICK RIGHT LOCKING SHUFFLE

- 1 Step left foot to left side
- 2 Touch right toes back & behind left foot
- 3 Turn ½ turn right putting weight onto right foot
- 4&5 Step forward onto left foot, lock right behind left, step forward onto left foot
- 6 Touch right foot next to left
- 7 Kick right foot forward
- 8&1 Step back onto right, lock left across right, step back onto right foot

TOUCH BACK, REVERSE PIVOT ¼ TURN, CROSS, TOUCH, CROSS SHUFFLE, SYNCOPATED HIP BUMPS

- 2 Touch left foot back & behind right
- 3 Turn ¼ left putting weight onto left foot
- 4 Step forward crossing right foot over left
- 5 Point left foot out to left side
- 6&7 Cross shuffle, stepping left, right, left
- 8&1 Step right foot to right side, bumping the hips right, left, right

ROCK BACK, RECOVER, LEFT LOCKING SHUFFLE, WALK, WALK, TOUCH HITCH TOUCH WITH ½ TURN

- 2 Rock back onto left foot
- 3 Recover weight onto right foot
- 4&5 Step forward onto left foot, lock right behind left, step forward onto left
- 6 Small step forward onto right foot turning knee into the left, clicking fingers out to right
- 7 Small step forward onto left foot turning knee into the right, clicking fingers out to left
- 8&1 Touch right toes out to right side, make ½ turn left hitching right leg across left, touch right toes out to right side

CROSS, UNWIND, HOLD WITH CLICK, TOUCH, BACK BODY ROLL, & TOUCH, BACK BODY ROLL

- 2 Cross right foot over left foot
- 3 Unwind ½ turn left keeping weight on left
- 4 Hold, raise both hands click fingers
- 5 Lean forward touching right foot back
- 6 Back body roll ending with weight on right foot
- &7 Step left foot next to right, & leaning forward touch right foot back
- 8 Back body roll ending with weight on right foot

For those who prefer not to body roll on counts 6 & 8, just pull the weight back onto the right foot(just like rowing a boat)

REPEAT

TAG

At the end of the 9th wall add 4 counts of hip bumps left right left right, then start dance again.