Smooth As Silk



編舞者: Debbie Mackerwicz

音樂: No One Needs to Know - Shania Twain

Step in place with left foot



Standing with right diagonally forward,	
1	Put weight on right toe
2	Drop right heel in place
3	Step left in place
4	Step right in place (diagonally forward)
5&6	Left shuffle back-back left, together right, back left
7-8	Rock step back with right, step in place with left
1&2	Right shuffle forward-forward right, together left, forward right
3-4	Step forward with left & turn ¼ right, step in place with right
5-6	Step forward with left & turn ¼ right, step in place with right
7-8	Step forward with left & turn ¼ right, step in place with right
1&2	Left shuffle to left side - step side left, together right, step side left
3-4	Rock step diagonally back behind left with right foot, step in place with left
5&6	Right shuffle to right side - step side right, together left, step side right
7-8	Rock step diagonally back behind right with left foot, step in place with right
1-2	Stomp left next to right, stomp right in place
3-4	Push left knee in front of right lifting left heel, push right knee in front of left
5&6	Right kick ball change-kick right forward, step right next to left, step in place left
7	Place right heel forward with toes pointing left. Put weight on right heel, swivel toes from left to right, lifting left foot slightly off the floor.

REPEAT