

# Smooth

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jill Richmond (UK) & Stuart Woods (UK)  
音樂: Smooth (feat. Rob Thomas) - Santana



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## CROSS ROCK, CHASSE LEFT, STEP ¼ TURN, PIVOT ¾ TURN, CHASSE RIGHT

1-2      Cross rock left over right, rock back onto right  
3&4      Step left to left side, close right beside left, step left to left side  
5      Step right across left making ¼ turn left  
6      Pivot ¾ left (to face front)  
7&8      Step right to right side, close left beside right, step right to right side

## BACK ROCK, CHASSE LEFT, STEP ¼ TURN, PIVOT ¾ TURN, RIGHT STEP-LOCK-STEP

9-10      Rock back diagonally on left, rock forward onto right  
11&12      Step left to left side, close right beside left, step left to left side  
13      Step right across left making ¼ turn left  
14      Pivot ¾ left  
15&16      Step forward on right, lock left behind right, step forward on right

## ROCK STEP, LEFT STEP-LOCK-STEP BACK, RIGHT STEP-LOCK-STEP BACK, ROCK BACK

17-18      Rock forward on left, rock back onto right  
19&20      Step back on left, lock right in front of left, step back on left  
21&22      Step back on right, lock left in front of right, step back on right,  
23-24      Rock back on left, rock forward onto right

## SWAY LEFT, SWAY RIGHT, BEHIND-SIDE-CROSS, ROCK STEP, ¾ TRIPLE TURN RIGHT

25-26      Sway weight onto left, sway weight onto right,  
27&28      Step left behind right, step right to right side, step left in front of right  
29-30      Rock forward on right, rock back onto left  
31&32      Triple step ¾ turn right, stepping right, left, right

**REPEAT**

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